

CREDITS

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MESSAGE from the GOVERNOR

s governor of the great state of Utah, it is my honor to recognize Utah's most exclusive club, the Governor's Century Club of Utah, and its members: Utahns who have reached their 100th birthday and older in 2022.

We have much to learn from our centenarians. They have been instrumental in shaping our state's culture, legacy, history, and people. These individuals have lived to see changes and historic moments that many of us can only read about in history books. They've watched modern transportation evolve and technology grow among other things. The Utahns in the 2022 yearbook are resilient. They lived through historic events such as World War II, the Civil Rights movement, and a global pandemic to name a few.

I encourage all Utahns to take advantage of the wisdom gained by the Utah Centenarians throughout their lives. We work to collect life histories and photographs from Utah's Centenarians in hope of not only honoring them through this yearbook, but also preserving their legacy and stories for the benefit of generations to come.

I join the Utah Division of Aging and Adult Services, and all of Utah's governors since 1987, in presenting the Governor's Century Club of Utah Yearbook. I hope you cherish these remarkable individuals and their stories. I hope we will all be inspired to live a life of impact and legacy – for however many years we are gifted on this earth.



ABOUT the GOVERNOR'S CENTURY CLUB

Thirty-two Utahns over the age of 100 gathered at the Utah governor's mansion in 1987 at the invitation of Utah Governor Norman Bangerter and first lady Colleen Bangerter – the first of what would become the proud tradition of the Governor's Century Club Celebration.

It used to be a common belief that people of advanced age should be left alone and not bothered. In 1985, with the intent of proving that many older people enjoy socializing and participating in community activities, Lynn Peters Alder, a volunteer consultant, implemented the Phoenix Centenarian Program. In 1987, the National Institute of Aging established September 22 as National Centenarian Recognition Day. Alder contacted each state in the country to encourage local participation.

In response to this request, the Utah State Division of Aging and Adult Services contacted Gov. Bangerter, who held the first celebration. The tradition continued under Governors Michael Leavitt, Olene Walker, Jon Huntsman, Gary Herbert, and Spencer Cox.

The celebrations were initially held in the mansion's ballroom, then in the gardens. After a fire damaged the mansion in 1993, the event was held in various locations before returning to the mansion's gardens. As more people lived longer, healthier lives, the Century Club Celebration outgrew that venue, and was moved to the Utah State Fairpark. It has since been held in multiple locations. Since 2013, the celebration has been held at the beautiful Viridian Event Center at the West Jordan Library. Due to the Covid-19 pandemic, the event was canceled in 2020 and 2021.

The number of Centenarians who attend the celebration has fluctuated year by year, but grown over time. Thirty-two Centenarians attended the Governor's Century Club Celebration in 1987, a number that nearly doubled to 58 attendees by 2017. The total number of Centenarians known to the Division of Aging and Adult Services peaked in June 2020 at 172.

The oldest person in the history of the Governor's Century Club of Utah was Joe Begay, a Native American living on the reservation near Bluff. He was born on March 15, 1886, and passed away in late 2001, just a few months shy of his 116th birthday. When he was 112, his children had to "take away his car keys" by refusing to let him continue to ride his horse.

We are inspired by the Centenarians' lives and stories, and look forward to continuing this celebration of their lives for many years to come.

The club is open to anyone over the age of 100. You can apply for you or your loved one to be recognized at daas.utah.gov/centenarians or by calling 801-538-3910.



DEMOGRAPHICS



Total Number of Centenarians in Utah as of June 2022

Oldest Utah Centenarians



LILLIAN JONES Born March 1910 Salt Lake City



BETTY MENDOZA Born April 1912 Hurricane



Ted Wells Born September 1910 Orem



РаиL **S**мітн Born May 1912 Salt Lake City



ALICE BENNETT Born May 1911 Salt Lake City



100 YEARS AGO

NOTABLE BIRTHS

Judy Garland – Wizard of Oz actress Betty White – actress Stan Lee – comic book writer Charles Schultz – cartoonist, "Peanuts" creator

NOTABLE DEATHS

Alexander Graham Bell – inventor of the telephone













HISTORIC EVENTS

First successful diabetes insulin treatment is made in Toronto.

U.S. President Warren G. Harding introduced the first radio in the White House.

The Lincoln Memorial is dedicated.

Rebecca Felton of Georgia became the first woman to serve in the U.S. Senate

Benito Mussolini and the fascists came to power in Italy.

SPORTS

Rose Bowl sports stadium opened in Pasedena, California

The New York Giants win the 1922 World Series over the New York Yankees.



POPULAR ART

Number 1 movie: Robin Hood, a silent film starring Douglas Fairbanks and Wallace Beery.

Best selling fiction book: If Winter Comes, by A.S.M. Hutchinson



WHAT THINGS COST

House: around \$6,000

12 eggs: 47 cents

Manicure: 25 cents

Movie ticket: 15 cents

Hoover Vacuum Cleaner: \$39

Chevrolet: \$525



Emma Melissa Cooper Ankerson



BORN:

1919 in Belton, S.C., the fourth of Byron and Carrie Lou Cooper's seven children

Descendants:

Three children, 10 grandchildren, 35 greatgrandchildren and 14 great-great-grandchildren.

HOBBIES:

In 1947, Bill gave Emma a set of 1930's silhouettes for their anniversary. Her collection grew to 87 silhouettes. Much of this collection has now been shared with family, but Emma still has silhouettes to enjoy.

"Just don't die."

OUTSTANDING MEMORIES:

n Feb. 1938, Emma married Wilmer Anthony Ankersen II. In 1943, they packed up their three young children and moved to California, where Wilmer took a position in the naval shipyards. Emma and Bill loved animals. Over the years, Emma's menagerie included several cats, a variety of birds, a turtle that lived for 30 years and, most recently, a toy poodle named Birdie. Emma is regarded for her southern hospitality and cooking, which she showcased often. Grandchildren fondly remember hearing a bell tinkling, which indicated Hostess Ding Dongs would appear. She drove her children, and



Emma and Bill's wedding, 1938

often their friends, many miles to school in neighboring towns. She never missed one of her kids' sporting events, and went to great effort to attend important events and be part of the lives of her children, grandchildren and great-grandchildren. She loves taking her grandchildren to parks, Disneyland, Knott's Berry Farm, and teaching them to play cards. Her listening ear and warm heart make everyone who spends time with her feel special and valued.

FAVORITE ACCOMPLISHMENTS:

Emma served for decades in leadership roles with the Legion of Mary. Emma had a card for every occasion for friends, family and community alike, each with a personal note and often a dollar or two tucked inside. Her grandchildren and great-grandchildren anxiously awaited the mail, especially around their birthdays. Beginning in 1953, Emma spent 25 years managing cafeterias in public schools in Buena Park, CA. Teachers and administrators from all over the district chose her cafeteria for lunch.

BEST ADVICE:

Get an education! Learn all you can, wherever and whenever you can. If you can read, you can learn anything you wish to know. Newlyweds should move away from home. If you can't say something nice, don't say anything at all. CS



Bill, Emma and their three children, 1945

Mary Astorga



BORN:

1921 in Salt Lake City, Utah, to Donaciano Gomez and Augustina Negrete Gomez Cabrera. She is the fifth of eight children.

Descendants:

Four children, 11 grandchildren, 13 great grandchildren, 23 greatgreat grandchildren, and three great-great-great grandchildren.

HOBBIES:

Walking daily, watching TV, word search puzzles, taking care of my teacup poodle, and visiting family.

IMPRESSIVE CHANGES:

Technology. TV isn't what it used to be. All of the luxuries the younger generation has today. "Exercise, eat healthy, be active, and never stop doing things for yourself. Stave positive. I thank God each day. Keep your faith."

OUTSTANDING MEMORIES:

was born and raised in Salt Lake City, Utah. My father passed away when I was a young child. Every year from April to September, we would go to Idaho to work in the fields. When I was a teenager my mother met and married my step-father Santos Cabrera. After she married him we didn't have to go work in Idaho. I played softball in high school and went on to play softball for Birrell Bottling from 1939 to 1940 and The Shamrocks in 1940. I was a very good



Mary in the newspaper for softball

pitcher. We traveled to different states to play softball. I married Ralph Astorga on December 29, 1941, at Our Lady of Guadalupe Catholic Church. I had four children who were the light of my life. I was a housewife for many years. In 1963, I entered the workforce and worked until I was 71 years old doing electronics. I took up bowling with my husband. We bowled for many years, and I received trophies and awards. I've lived a good life.

EDUCATION:

I attended Franklin Elementary, Jackson Junior High, and West High School in Salt Lake City, Utah. I graduated from West High School in 1941.

FAVORITE ACCOMPLISHMENTS:

My family, living to be 100 years old, sharing my life experiences with my family. ơ



Mary in the newspaper for bowling

Elizabeth "Betty" Bailey



BORN:

1922 in Nephi, Utah, one of four children born to Heber Cyrus and Fern Riches Crane.

Descendants:

Nine children, 35 grandchildren, 49 greatgrandchildren, and four great-great grandchildren.

HOBBIES:

As a young girl, Betty loved to skate, climb trees, and read. In high school, Betty loved swimming and played tennis, often beating the boys who told her to "get off the court." As a busy adult, she sewed a bit and continued to read whenever possible. "Keep plugging away despite what comes your way. As you age, graciously accept help. Don't compare yourself to anyone else."

OUTSTANDING MEMORIES:

etty's childhood was spent in Nephi, Utah. She lived in a small, four-room miner's cabin that had been moved from Tintic, \checkmark Utah. Her mother was a good cook and, as a small child, Betty remembers walking down to her dad's butcher shop to get meat for the noonday meal. After selling his butcher shop, Betty's father became a sheepman. She went with her father out to grazing lands in the west desert. One evening, a tire blew out on their old truck, and she and her dad walked 22 miles back home. When she graduated high school, she headed to San Francisco to work as a nanny. At 19, she headed back to Nephi and worked at a cafe, saving money to head to Salt Lake City. She met her husband, Claron, on a blind date. When she opened the door, he asked, "Where are you?" He was surprised to find her a foot shorter than himself. Betty and Claron were married at their small apartment on 33rd South and Highland Drive. Her first child arrived 10 months later, followed by another child a year after that. She took her children on camping trips, often by herself as Claron couldn't leave his growing drywall business. Summers found her working hard in the family gardens, canning and freezing fruits and vegetables. Betty dealt with cancer, knee surgeries, and a terrible car accident that left her blind in one eye. Claron died from a brain hemorrhage due to that accident.

EDUCATION:

Betty went to school at Nephi Central through sixth grade, then graduated from Juab High School

in 1940. She briefly attended Snow College and later completed courses at a comptometer school in Salt Lake City, Utah.

FAVORITE ACCOMPLISHMENTS:

Raising her 9 children and still finding time to help her husband with his company.

SECRET TO LONGEVITY:

Good genes and good living. She grew up on vegetables and fish oil, and avoided smoking and drinking. She drinks a coke once a day and wonders if that is what keeps her heart ticking. C3



Mildred Alene Dunn Barlow

"Let each phase of your life be the best time to live. Count your blessings and always have a good attitude."

BORN:

August 23, 1921 in Thomas County Georgia to Marvin Dunn and Marry Etta Daniel (Kennedy). She is the youngest of four children.

Descendants:

Six children, 28 grandchildren, 74 great grandchildren, and five great-great-grandchildren.

IMPRESSIVE CHANGES:

From horse and buggy to autos, from slow communication to instant in touch, from wood stove to push a button and bake, from open fireplace to automatic warmth, from homemade entertainment to all things online. Life then was wonderful.

HOBBIES:

- Genealogy
- Indexing
- Sewing
- Cooking
- Reading

OUTSTANDING MEMORIES:

y first two years of school were in Coolidge, Thomas County Georgia. I remember walking two miles with my siblings to school. We had a wood burning stove in the school room and each desk seated two people. Two grades fit into one room. I rode a bus to the other schools. I lived during the depression, though I wasn't aware so much of this as all were very much in the same boat. I graduated in June of 1939 and married Lincoln Barlow on August 12 the same year.

FAVORITE ACCOMPLISHMENTS:

Raised five very good children. Met missionaries from the Church of Jesus Christ of Latter-day Saints in 1941. Joined the church in 1942. Began a branch of the church in 1944 with Lincoln as branch President. He served there for 14 years, then in the district presidency. Counselor to 6 mission presidents. (First counselor in the stake presidency, stake patriarch. We traveled a lot, met many people, and served in many callings. I taught early morning seminary for 9 years. Service is my greatest accomplishment.

BEST ADVICE:

Love everyone. Treat them with love and respect. Reach out to serve anyone that needs your help. Greet each day with gratitude.

Cleo Lehman Barthule



BORN:

1922, in Granger, Utah, to August and Martha Lehman. She is one of 14 children.

Descendants:

Two children, seven grandchildren, and 17 great-grandchildren.

EDUCATION:

Cleo attended Monroe School then Granite High School. "Be active and keep social connections. I do my own grocery shopping, clean my house, and take care of the flower bed around my patio. I love to go out to lunch with family and friends. "

OUTSTANDING MEMORIES:

he family had a farm where they grew wheat, alfalfa, and sugar beats. Cleo helped her mother carry wheat to the chicken coops and loved to gather eggs. Sometimes when a chicken was starting to lay an egg, she would catch it in her hand. When her brother took her mom to town shopping, Cleo would make a bowl of Jell-O and put it in the snow to set and eat it before her mom came home. She always liked Jell-O and still does. She worked as a clerk typist at the Finance Office at Kearns Army Air Force Camp for four years during WWII. There were 60 enlisted men in the office and 11 civilian girls. She met many life-long friends there. While at Kearns, Cleo was on a basketball team. They played many games on the base, and even played at Bushnell Hospital in Brigham City for servicemen sent home with injuries. Cleo met her husband, Herman, in October 1947, while on a trip to Los Angeles with friends. In the evenings they went to a dance hall called the Hollywood Palladium where all the Big Bands played. Harry James was playing at that time. Herman asked Cleo to dance two nights in a row. She thought she would never see him again, but he started writing letters and visited her in Utah that Christmas. They married in June 1948 and honeymooned in Lincoln, Nebraska to meet his parents and family. They then moved to San Jose, California. Cleo worked for Sunsweet Prune and Apricot Growers Association for 7 years. When Cleo and Herman adopted their daughters in 1955 and 1957, Cleo cried with joy and happiness. She always wanted to be a mother and grandma, and now she is also a greatgrandmother, which she never dreamed of.

HOBBIES AND ACTIVITIES:

Throughout her life, Cleo enjoyed making crafts for boutiques with her sister Lela, tending her rock garden with flowers, and traveling. Cleo started playing golf as an adult and enjoyed being out in the fresh air playing with friends and beautiful views. She had a hole-in-one in 1967. There was a small writeup in the newspaper. It was a thrill because Herman hadn't made one yet, and had played golf for years. He later ended up with seven hole-in-ones. She won five trophies in different tournaments at their club. She also loves to play Bunco with her daughter and nieces.





Carmen F. Boss



BORN:

1914, in Riverside, Utah, the fourth child born to Leo Ezra Farnsworth and Ruby Lovina Richards

Descendants:

11 children, 53 grandchildren, 158 greatgrandchildren and 38 great-great grandchildren

HOBBIES:

- Crocheting
- Knitting
- Scrap booking
- Books on tape
- Listening to church
- Magazines on tape
- Having visitors

"Don't live so long! Families should eat together, pray together and help others who are in need. "

OUTSTANDING MEMORIES:

hen I was five years old, my sister Irene and my dad had typhoid fever. We lived in Holbrook, Idaho, at the time and had to hire a nurse "old lady Noles" to take care of them while the rest of the family moved in with Aunt Eva Farnsworth about a mile away. I got so homesick one day that I ran back home, sneaked into the house, climbed up a chair and peeked over to see dad and Irene. They were both bald! When "old lady Noles" noticed me, she sent me back to Aunt Eva's. On the way to her place I knelt and prayed to please save my dad and my sister because I loved them. I promised heavenly father that I would mind dad and never give him any trouble. Shortly after that, their fevers broke and it proved to me that prayer was an important part of my life. My sister, Faye was born with a drooping eyelid and when she went to school the kids, even her best friend would tease her. She would go home crying and I would stay and beat up anyone who called her "cockeyed." Many a-speaking did I receive for that, but I continued to protect her all through grade school. In high school she was top of her class and the valedictorian, she was personality plus!

FAVORITE ACCOMPLISHMENTS:

To get all of my 11 children, I married three times. One of my favorite accomplishments is to have lived this long and to have had all my family and friends get together to celebrate my 100th birthday. There were at least 200 people between family and friends at my birthday party! I enjoy making quilts for my grandchildren. I paint decorative plates with acrylic paints for my grandchildren and friends' homes. I enjoy babysitting my grandchildren.

IMPRESSIVE CHANGES:

I think computers are wonderful, however, with good comes some bad. When I was younger, America was wonderful. Young people learned to work to take care of ourselves and help others. Today I see families don't take time to enjoy one another.

SECRET TO LONGEVITY:

Good genes, exercise and the best thing I do is stationary bicycling. 😅

June Agren Brown



BORN:

1919 in Harrisville, Utah, the seventh of eight children of Stephen Andrew Agren and Samantha Shurtleff Agren.

Descendants:

Three children, 23 grandchildren, 58 greatgrandchildren and one great-great grandchild.

HOBBIES:

- Handiwork
- Sewing
- Embroidery
- Crocheting
- Knitting
- Exercising
- Bottling and drying fruit
- Cooking and baking cookies
- Spending time with her family

**Eat good food, exercise, read good books and scriptures, go to uplifting performances of family, enjoy visiting with family and friends, enjoy the outdoors, attend your church meetings and always be willing to do service. **

OUTSTANDING MEMORIES:

une spent her childhood on a farm in Harrisville, Utah, and was expected to help with farm chores and household duties. Her family was blessed to be on the farm with plenty of food to eat during the Great Depression. She enjoyed hiking, being pulled by horses on a bobsled, and playing games outside with family and friends. She went to church with her family in a horse drawn "surrey with the fringe on the top." June's courtship with Kenneth Brown started in spring 1942, and they were married in the Salt Lake LDS Temple Aug. 10, 1942. They had twin boys, Bruce and Brent, and a third son, Christopher. She lived in Washington Terrace and moved that same home to Harrisville in 1951, where she still resides. She started teaching school in 1941, stopped teaching to have her family and returned as a kindergarten teacher in 1955 for 19 more years. During the summer breaks, June and her family traveled many places in their camper. Ken passed away in 1991, and her son, Christopher, passed away in 2000.

FAVORITE ACCOMPLISHMENTS:

June has served in many capacities for the Church of Jesus Christ of Latter-day Saints, including as first Stake Relief Society President, ordinance worker in the Ogden Temple, and pianist/organist for services. She still participates with the Utah Daughters of the Pioneers.

IMPRESSIVE CHANGES:

Horses and buggies changed to motor cars, coal stoves to gas and electric stoves/microwaves, washing machines with wringers to automatic washers, ice blocks to refrigerators, hand washing to dishwashers, Victrola record players to radios and TV's.

SECRET TO LONGEVITY:

Inheriting good genes, eating wholesome foods and living a healthy lifestyle. "When I was a kid, if I wanted a treat, I'd go out to the garden and pick a turnip or carrot because we didn't have junk food."



Ken and June, 1942

Telesila Triviño Castro



BORN:

1915 in Guayaquil, Ecudor. Telesila is the second of eight children born to Victor Triviño and Dionisia Castro.

Descendants:

Four children,13 grandchildren and 15 great-grandchildren.

BEST ADVICE:

We live with constant challenges. Even though we are different we shouldn't fight but celebrate our differences. Start each day with positive thoughts and the willingness to help others. I never thought I would be a U.S. citizen or that I would reach past 100 years old. Every day I celebrate with a song to life. Every morning is an opportunity to love and serve. "I have tried to live a quiet life, at peace with myself and others, in connection with the Lord. I enjoy giving whatever I possess to others, even if is not much. I just love it if I can provide to someone in need!!! "

OUTSTANDING MEMORIES:

y siblings and I received our elementary schooling at home. My father brought tutors and teachers to our home. When my parents passed away, our schooling stopped. When father was alive he was very old fashioned and always made sure his daughters were treated like special treasures. My dad wouldn't allow young men to come by the house with the intention of going out with us. We would receive serenades and letters hidden in books so no one in the house would know. To go out formally, we all had to be with chaperones. My oldest sister and I learned to be seamstresses and we worked for the family and neighbors to earn some money. At this time, we lived on a small farm. We had a lot of orange trees, cane sugar, avocados, cantaloupes, watermelons, guavas, mangos, beans, rice and tomatoes. When it was harvest time, all the owners of the farms invited the families to celebrate by cutting up and sharing watermelons. It was a party, an occasion to go out and enjoy the festivity. Parents and children looked forward to these dates to get together and enjoy a moment of happiness. Sometime later, we moved to the big city of Guayaquil with the support of the family's attorney. I stayed with this family because at the time I was engaged to my future husband Ernesto Castro. The lawyer and his wife married us. From this marriage four daughters were born. Later on all of my siblings, my daughters and I immigrated to the United States which is now our country. I am happy to see my grandkids reaching their goals, some working, and some studying. I feel complete and satisfied. Their triumphs are my triumphs.

IMPRESSIVE CHANGES:

Television is something we didn't have in my era. I enjoy watching the news and it's amazing to see the ability for us to communicate in different parts of the world, now even via video. I love technology, and I consider all these advances as technology that can improve our lives when they are used for our well-being even though I am not adept at using them. C3



Telesila and Ernesto, 1940

Mae Fairchild O'Born Craner



BORN:

1917 in Burley, Idaho, to Ancel and Mabel Fairchild

Descendants:

Two children, seven grandchildren, 14 great grandchildren and seven great-great grandchildren

HOBBIES:

- Dancing
- Camping
- Four-wheeling and being outdoors
- Watching television
- Doing puzzles
- Receiving phone calls and visits from family and friends

"There's not enough discipline in this ol" world these days."

OUTSTANDING MEMORIES:

n 1936, she married Milton "Mick" O'Born and they established their new home in Sugar House, Utah. They had two children, Mick and Sharon. Milton passed away in 1968, and Mae started working in the gift shop at the Salt Lake City Airport, where she worked for 10 years. One of Mae's earliest memories was when she was five years old and her family moved from Burley to Tyhee, Idaho, where she met her first best childhood friend. There was a pile of bedding and clothes in one of the rooms in their house, and they would climb up on the pile and slide down its side. Another of her favorite memories was a wonderful trip to Santa Catalina, Calif., but her favorite memory was when she married Milton. They spent their honeymoon in West Yellowstone, Mont. - the first time she ever saw Yellowstone National Park. Mick and Mae weren't alone on their honeymoon. They took three of Mae's siblings and their spouses. She loved going on picnics with Mick, their children and her brother, Vere, and his family up the canyons above Salt Lake. The thing she enjoyed most about those outings was being with family.

FAVORITE ACCOMPLISHMENTS:

She owned and operated a route of candy and nut dispensers, which took her all over Utah from Price to Logan to service the machines. She sold the business after about five years. In 1989, after living in Sugar House for 53 years, she met and married Darwin Craner. They lived in Monticello, Utah. They moved to Holbrook, Ariz., where Darwin passed away. Mae then moved to Wendover, Nev., and now lives in Grantsville, Utah.

IMPRESSIVE CHANGES:

Changing from riding in a horse-drawn buggy to going places in her dad's first car, men walking on the moon, indoor plumbing, electricity, computers, and cell phones. Mick and Mae were the first ones on their street to get a television, and in the evenings the neighborhood kids would come over to watch shows with their kids. C8



Mae, her parents and siblings

Ruth Isabelle J. Demsher



BORN:

1916 in the homestead her father built on his 320 acre dry farm in the far northeast corner of Montana. She was the first of four children born to a Danish immigrant farmer, Peter Jensen, and Mary Christensen Jensen, whose parents were also Danish immigrants. The tiny town listed on her birth certificate, Dooley, no longer exists; but the homestead where she was born and raised still stands today over 102 years later

Descendants:

Six children, 12 grandchildren, and 31 great-grandchildren

HOBBIES:

- Sewing and Cross Stitching
- Gardening

"Inherit good genes, eat healthy food, and always see something good in everyone you meet."

OUTSTANDING MEMORIES:

uth says she grew up like the family on "Little House on the Prairie." Her father plowed the fields with a team of horses. They got water from a well dug by her father, used an outhouse, lit their home with kerosene lamps, had Saturday night baths in a tub in the kitchen, and the three daughters shared a bed and slept in the attic. Ruth walked a half mile to the one-room elementary school she attended. When she completed the Montana education requirements, she went on to Summertown High School. Because the six miles was too far to walk, she, along with other students in the same situation, lived in old unoccupied houses in Summertown. When they went home each weekend, they brought back food to cook together. She graduated from high school in 1936. She would have liked to study nursing, but money was scarce so she went to beauty school in Helena. One of her regular clients was the wife of the governor of Montana! In 1941, Ruth and a girlfriend decided to go to Portland, Oregon to work in defense. They arrived there in 1941. Ruth had jobs soldering, welding the hulls of the Liberty Cargo ships, and yes, she riveted too. Here she met Joe Demsher, who had just enlisted in the Army and was leaving in two weeks to The Panama Canal where he worked in Army Intelligence. They corresponded for four years and were married when the war ended and he returned home. Joe and Ruth made their home in Oregon, eventually ending up on a farm in Canby. Their family consisted of four girls and two boys, but sadly, the older son died of spinal meningitis

as a toddler. Ruth and Joe joined the Church of Jesus Christ of Latter-day Saints in 1954 and became very busy in all of the church activities. Tragically, Joe died in a car crash in 1965. Ruth stayed on the farm until all the children were finished with high school. She then moved to Utah, where two of her older children lived.

ACTIVITIES:

She goes to the Family History Library every Wednesday, using her computer to search for the Danish parish records for her ancestors. 4



Demsher

Maurine P. Dorman



BORN:

1918 in Price, Utah, the fourth of five children born to Warren Sylvester Peacock and Alvira Mott Peacock

Descendants:

Three children, four grandchildren and six great-grandchildren

HOBBIES:

- Spending time with her family and friends at reunions and gettogethers
- Visits from family
- Looking at pictures in her photo albums (especially of her grandchildren and great-grandchildren)
- Attending the monthly retired nurse's luncheon with Arlien's daughter

Love unconditionally, live life fully and family comes first.

OUTSTANDING MEMORIES:

xcept for nursing school, Maurine has lived her entire life in Price, Utah. Her mother died just before Christmas in 1928, and her oldest sister, Leora, died tragically three years later. Maurine and Arlien were left in charge of household duties and raising their little brother. Growing up during the depression, she and Arlien had two dresses each to wear to school. Each child got one gift for Christmas along with a special treat: an orange and some peanuts in their stockings. Maurine and Arlien worked many years at the Main Street Drug Store and Fountain in Price. Their brother, Lloyde, would wait on the front porch with his dog for them to get home from work. Maurine met Dr. J. Eldon Dorman while working at the hospital in Price. She saw the new doctor arrive, looking sharp with his hat and cowboy boots! Maurine commented how handsome he looked, and the rest is history. They were married in 1943 in Las Vegas, Nev. They raised three children, and she has been a loving mother to Eldon's daughter from his first marriage. She loved supporting her husband and children in everything. Eldon passed away in 2000, and Maurine lived at home until she was 91 years old.

FAVORITE ACCOMPLISHMENTS:

She gave up her professional nursing career to become a wife, mother and nurse to her family, who are her favorite accomplishments. She has spent countless hours in the kitchen preparing delicious food for her family and friends. She was a talented seamstress, took painting lessons, and enjoyed playing bridge and hosting bridge club parties.

IMPRESSIVE CHANGES:

She watched things change from bicycles to automobiles, trains to planes, coal stoves to electric and microwave ovens, etc. She never learned to use a computer, but likes swiping pictures on the cell phone. She thinks TV shows nowadays aren't so good, and misses the variety shows like the Andy Williams Show and the Carol Burnett Show.

SECRET TO LONGEVITY:

Exercise, eat nutritious food, work hard and remain active. 😋



Maurine in Nursing School, 1940

Cecil Hoek Douglas



Born:

1916, in Bucyrus, Mo. Cecil was the second child born to Oscar Lee Douglas and Lottie Amelia Hoeck Douglas

Descendants:

Nine children, 57 grandchildren and 201 great-grandchildren

HOBBIES:

- Reading good books and the scripture
- Visiting family often and watching my family grow and grow

Enjoy each day, study books, scriptures, pray a lot and be happy!

FAVORITE ACCOMPLISHMENTS:

was born in Missouri, and when I turned 20, I decided to visit the west. I visited Kansas, Colorado and Utah. I decided to stay in Utah. In Utah I met Eloise Welch, and at age 23 I married her. My wife passed away after 64 years together. I live alone now but some of my children live close enough to check on my well being. My favorite accomplishments are coming west from Missouri at age 20, being married at age 23, having nine children, 57 grandchildren and 201 great grandchildren.

SECRET TO LONGEVITY:

"I wake up early, I have a big breakfast, and I exercise daily and eat supper one hour before bedtime. I thank the Lord for my blessings!

Louis Hal Edison



BORN:

1919 in Logan, Utah. He is the second of three sons born to Louis Milton Edison and Ferrell (Faye) Priscilla Evans. He has outlived all his siblings

DESCENDANTS:

Two children, two grandchildren and five great-grandchildren

HOBBIES:

- Listening to music from the 1930s and 40s
- Playing pool most weeks with friends
- Hal was a bit of a pool shark in college and a fixture at the White Owl Billiards in Logan

"Take a deep breath every morning, drive carefully and watch out for detours."

OUTSTANDING MEMORIES:

t 14, Hal began working in the American Food Store in Hyrum. He kept his job when the family moved to Logan, commuting by train or bus to work every Friday afternoon through Saturday evening and sleeping on a mattress in an adjacent building owned by his family. He shifted from grocery stores to drug stores, becoming a salesman for McKesson and Robbins for 33 years until retiring in 1984. Drafted into the army in 1942, Hal joined the paratroopers because the pay was \$50 more per month. He had three combat jumps into Sicily, Italy, and Holland and was among the first troops to parachute into Bastogne, Belgium, beginning the Battle of the Bulge. Thankfully he missed D-Day! He was in the hospital with a collapsed lung and three broken ribs following a car-bicycle accident in the British Isles. He married Alice Nelson on Christmas Day 1949, the only day he could get off work. They met at Low Cost Drug in Logan when he hired her for a summer job. They lived in Ogden, then bought their first home in the Sugar House area where they lived for 14 years and raised two delightful daughters. In retirement, Hal and Alice enjoyed traveling internationally and in the U.S. by rail, plane, ship and automobile. They especially enjoyed driving the Mormon Trail from Illinois to Utah. They both worked at the Salt Lake Temple, and Hal held positions in Sunday school and Elder's Quorum and served as a home teacher and ward clerk. Hal says his two granddaughters "are the pride and the joy of my life" as are his five great-grandchildren. Losing his dear wife Alice after 68 years of

marriage has been the hardest challenge he has faced.

FAVORITE ACCOMPLISHMENTS:

Marrying the lovely Alice and graduating from college.

IMPRESSIVE CHANGES:

Witnessing the man on the moon and the Challenger explosion.

SECRET TO LONGEVITY:

Be content and be prepared for what lies ahead. 🕫



Hal, Alice and their two daughters

Ralph Porter Frandsen



BORN:

1916 in Basalt, Idaho. He was the fifth child born to Earl Gregg Frandsen and Mabel Porter Frandsen. Ralph has outlived his five sisters.

Descendants:

Six children, 22 grandchildren, 53 greatgrandchildren and six great-great grandchildren

HOBBIES:

- Skied until he was 75
- Golfed until he was 99
- Shot his first hole-in-one at 82
- Playing tennis
- Traveling with his wife
- He still bowls every week.

**Be thankful for your blessing; try to be optimistic; be happy, friendly and help others...and don*t ever live to be too old. **

EDUCATION:

alph started school in Harrisville, Utah, in a schoolhouse consisting of two rooms with nine grades. He graduated from Ogden High School at 16. The family did not have money for college, so he worked during the day and took accounting classes at night.

OUTSTANDING MEMORIES:

When Ralph was three, his father passed away during the flu epidemic after World War I. The family could not maintain their farm, so they moved from Idaho to Harrisville, Utah, to live near his grandparents. Ralph has fond memories of traveling with his grandfather by horse and wagon to pick up bushels of peaches in Brigham City. Ralph started working summers at age 12 to contribute to his family's income. He started with picking beans and fruit at \$0.50-\$0.60 per day. Later he thinned and weeded sugar beets for \$1 a day. At 16, he was delivering milk at 4:30 a.m. and was done in time for school at 8 a.m. After his mission to the Northwestern states, Ralph taught himself the telegraph and went to work for the Union Pacific Railroad for 37 years. He met his beautiful wife, Marjorie, at a church dance and walked her home afterward. They had been married for 73 wonderful years when she passed away at age 95.

FAVORITE ACCOMPLISHMENTS:

Marrying his wife, raising good children and still living in his own home to this day. He is mainly independent, does his own cooking and goes bowling once or twice a week. Ralph jokingly says that his greatest accomplishment is living to 101 years old, but again, "Anyone can accomplish that if they live long enough."

IMPRESSIVE CHANGES:

Ralph remembers using eight-party phone lines, and now cell phones and computers are the norm. When he was young, at least half the population still traveled by horse and buggy. Ralph's father bought the first family car in Basalt in 1919. He doesn't recall anyone flying in planes when he was young; there was only a mail plane that flew overhead once a day. Ralph has also witnessed many miraculous changes in the medical field.

SECRET TO LONGEVITY:

It's still a secret and I don't know the answer, other than healthy living, keeping active and staying positive. ${\bf C}$

John R. Frey



BORN:

1918, in Ogden, Utah, to Adolph John Frey and

Lila Landreth Frey. He had two younger sisters, Marie (deceased) and Ann, who will be 94 this year. He was raised on the family ranch in Lancaster, Calif.

Descendants:

Six children, 11 grandchildren, 13 greatgrandchildren and 10 great-great-grandchildren

HOBBIES:

- Basking in the sun (the hotter, the better)
- Car rides
- Shopping (you can't have too many tools)
- Listening to old country western music
- Eating

"Enjoy life, be kind and don't judge anyone. Think before you speak. It's better to have someone think you didn't hear them than to regret what you may have said. Look back to learn; look forward to succeed."

OUTSTANDING MEMORIES:

ohn started working on motors and engines at an early age. He bought an old roadster for \$10 when he was almost 15 years old, restored it and drove his friends to school. It sure beat riding a horse! He rotated with his sisters for the first, second and third baths in the bathwater they carried to the house in buckets. John worked as a miner to support his wife, Sarah, and their three children, and was paid a sack of groceries, housing and \$25 a week. John was drafted into the army to serve in World War II and assigned to the motor pool at Fort Dix, N.J. After the war, he divorced and moved his family to Las Vegas, where he met his second wife, Lois Ostro. They had three children together. Lois passed away in 1986, and John married Inga Johnson the following year. After Inga's death in 2013, John moved next door to his daughter in Manti, Utah.

FAVORITE ACCOMPLISHMENTS:

John loves his children. They have been a joy in his life. He says he has a small family, as he only has 11 grandchildren, 13 greatgrandchildren, and 10 great-great-grandchildren! He loves hearing of all their successes and hopes that he's been a small part of who they are. He's so proud of who they've become.

IMPRESSIVE CHANGES:

John likes using a water heater instead of chopping wood to boil water on a wood stove. He thought phone calls via a switchboard operator were great, until he got a private line with a dial. Now he

thinks his iPhone is top-notch. He doesn't like working on modern vehicles, but he loves how fast they are and enjoys modern comforts like air conditioning.

SECRET TO LONGEVITY:

Get up every day, get dressed and put your boots on, whether you want to or not. Then stay busy — don't get lazy. Eat three meals a day (not too much junk food), clean your plate (no wasting the food) and chew each bite 25 times.



John Frey, 1918

Joseph S. Garcia



Born:

1919, in Kansas City, Kan. He was the firstborn of four sons to Odlon and Aurora Segovia Garcia.

Descendants:

Five children, 10 grandchildren, 20 greatgrandchildren and six great great-grandchildren.

HOBBIES:

- Reading western books
- Gardening
- Walking at least a mile and a half every day

"Read the yearbook to use it as a guideline for a great life! "

EDUCATION:



oseph attended grammar school in the California public schools with the exception of fourth through sixth grade, when he attended Catholic school.

OUTSTANDING MEMORIES:

Joseph has fond memories of growing up in Tehachopi, Calif. He recalls a yellow or orange fence that surrounded his housing unit, where, as a toddler, he and other kids would sit waiting for the airmail plane to fly by. The pilot would fly low and wave to the children. He remembers going to baseball games and trying to get the home run ball. The bigger boys would always get them and return them to the manager for five cents a ball. He also remembers one Christmas receiving a tricycle and not being able to reach the pedals.

FAVORITE ACCOMPLISHMENTS:

One of his favorite accomplishments was his military record in World War II and receiving an honorable discharge.

IMPRESSIVE CHANGES:

Joseph remembers that before the enormous changes in farm technology, at age 15 he was working for two dollars a day feeding his neighbor's horses and mules, which were rented to farmers to pull their equipment. Technology has also changed the way we do laundry. He remembers his mom doing laundry using a washboard. In later years, she got a washing machine.

SECRET TO LONGEVITY:

Getting lots of exercise and eating fish, chicken and many vegetables are Joseph's secret to longevity. 🛩

Oscar King Green



BORN:

1921 at LDS hospital in Salt Lake City, Utah.

Descendants:

Four children, 13 grandchildren, 20 greatgrandchildren, and 12 great-great grandchildren.

IMPRESSIVE CHANGES:

King remembers the first telephone, he laid there and talked for hours with his girlfriend.

HOBBIES:

Reading through journals he's kept since 1937, watching old Western movies, carpentry work and carvings, training and breaking horses.

SECRET TO LONGEVITY:

Live clean, follow the Word of Wisdom, stay active, and work hard. "Don't hold a grudge, be quick to forgive. Be honest. Don't judge others. Maintain a sense of humor and choose good friends. "

OUTSTANDING MEMORIES:

hen King was about five years old, he rode his trike with his brother on the back. A passerby said "Is that all the faster you can go?" King took on the challenge and sped up and crashed. His father took them to the doctor and his brother had a good black eye. King has fond memories of growing up in Salt Lake City. A horse-drawn sprinkling wagon would wet the streets to settle the dust. The 'junkman' came by on horse to collect junk. The iceman and milkman delivered on horse as well. In the cold winters, the tops of the milk popped off.



He had 11 family members in his home with only one bathroom. He had to heat water in the boiler for baths, and you were lucky if you were the first child to get in. He first started working at age 12. During the Great Depression, he was the only person in the home with a job. This is when he learned how to work hard and he paid for all of his own expenses. He bought his first car for \$15 when he was 15 years old, a 1926 Model T Ford. He had to push it all the way home because he didn't have his license yet. King became more acquainted with his future wife, Louise Douglas, at Lagoon Amusement Park. He remembers what a joyous day it was when the war ended. Young King fell in love with horses from the moment he rode – and was bucked off – his neighbor's Shetland pony. He was a member of the Twin Star Riders and is currently a member of the Back Country Horsemen Association. He has owned 21 horses. King says Winston Churchill knew what he was talking about when he said: "No hour of life is wasted that is spent in the saddle."

FAVORITE ACCOMPLISHMENTS:

Oscar spent many hours rebuilding trails above Bountiful, especially Ward Canyon and Holbrook Canyon after the floods of '83. He designed and built two homes on the East bench of Bountiful and a family cabin in the Uintas, served in the Salt Lake and Bountiful temples for 40 years, and served in the Army Air Corps during World War II. He is a retired civil service worker with 35 years at Hill AFB Aircraft Maintenance Depot.



Lois Mable Allison Gruber



BORN:

1920, in Shantung, China. She was the fourth of six children born to Roy Melville Allison and Edith Mae Early while they served as Presbyterian missionaries in China from 1911 to 1942. Lois and her five siblings were born and raised in China. Her first time in the U.S. was on a missionary furlough with her family as a three-yearold. Her teenage years in China were during a time of Japanese occupation, and she remembers turmoil and hardships.

Descendants:

Five children, 24 grandchildren, 39 greatgrandchildren and five great-great grandchildren. "Believe and trust in God. Be kind to others and expect nothing in return. Listen to others and be interested in their lives. Never brag. "

OUTSTANDING MEMORIES:

 \checkmark rowing up, her family lived in a missionary station — a gated, walled compound that was home to five missionary families. Lois played and went to school within those walls with the other missionary children. They had Chinese servants who did all household chores and cooking, so she had to learn all her homemaking skills from library books as a young adult in college. Her education was unique. The missionaries hired a woman from the United States to teach their children. It was her job to prepare them for high school at the American school of Pyongyang in Korea. During her high school years Lois and the other missionary children would take a Japanese ship and sail to Korea to spend the school year boarding there. Upon graduation, she attended Wheaton College in Illinois. She married Otto Gruber in 1943, and they had five children. The family lived in Maryland, Washington, and California. In 2001 Lois moved to Utah. Lois has always had a competitive spirit and played many sports. She still enjoys dominoes and assembling jigsaw puzzles. She is up for nearly any adventure; she especially enjoys long drives, museums, malls and picnics. She chooses uplifting old musicals and comedies as her entertainment. She has a guick wit, and loves weekly outings for breakfast and lunch. She has always loved animals and currently has two dogs she dotes on. Lois has lived a life of faith and service to others. Her children are the joy of her life. Lois played the organ and loved to read. She enjoyed handwork from sewing and

knitting to creative crafts and birthday cakes. She experimented with and perfected recipes which included raised donuts, banana bread and chow-mein. Lois has always been a hard worker. When the children left home, she worked as a secretary for an insurance company, and in her sixties, she was certified to teach Early Childhood Education.

SECRET TO LONGEVITY:

Be happy and think of others first.



Lois as a teen in China

Lula Lee Harley Henry



BORN:

October 23, 1921, in Greenwood, Mississippi. She was one of seven children born to Alexander Harley and Lilly Hughes Miller Harley. She has outlived all her siblings. She has no recollection of her mother Lilly, who passed away in 1923 when Lula was two years old. She does have some faint recollection of her grandmother.

Descendants:

Two children, two grandchildren and four great-grandchildren

EDUCATION:

Lula attended Greenwood Elementary School and graduated from Greenwood High School in 1938. Both schools were segregated schools under the Jim Crow laws of the time. "Mind your own business, it helps you to sleep better. Trust only in God. "

OUTSTANDING MEMORIES:

ula has vivid memories of the Great Depression. She recalls that she received 25 cents weekly. You could buy a pencil for 1 cent, a writing pad or tablet for 5 cents. African Americans were allowed to go to the movies and sit in the Jim Crow, or "colored" section on Saturdays for 6 cents. Postage stamps were 2 cents each. After graduating high school, she got a job working at the Long Funeral Home. She recalls that she was not excited about that job. She did not like being at the funeral home alone, so she found another job as a nanny for a white family in Greenwood. Although she remembers the Great Depression, she has fond memories of Christmas, going fishing and cooking the fish at the lake, and picking plums and blackberries. She recalls that she helped her father, who was a lumber-yard engineer, at the Harley and Moore Lumber Company by calculating the time cards of the workers. Gradually over time, she remembers that there were new inventions like tractors, electric lights and more people with cars.

FAVORITE ACCOMPLISHMENTS:

Lula and George joined the Calvary Baptist Church in Salt Lake City in 1946. After graduating from the National Baptist Congress of Christian Education Lula became the director of Christian Education at the Calvary Baptist Church where she served in a number of capacities: Director of the Baptist Training Union, Director of the Vacation Bible School, the Church Financial Secretary, and Director of the Missionary Society. Currently, Lula is the longest and oldest member of the Calvary Baptist Church. She also worked as a receptionist for the Job Corp Division of Thiokol Chemicals, one of the early programs of the Great Society. Her husband passed away in 2001.

IMPRESSIVE CHANGES:

Early in World War II, Lula met and married a soldier, George Henry. George was stationed at Casper, Wyoming. She worked on the military base as a cashier in the Officers' Mess. In 1946, after George was honorably discharged from the U.S. Army, they moved to Salt Lake City to be closer to Lula's extended family and to escape the Jim Crow segregation of the South. Little did she know that she and George were a part of the great African-American Diaspora from the rural south brought on by World War II. Together, Lula and George worked as caretakers at the Fort Douglas /Hidden Valley Golf Country Club. C3

Ida Hubbard Hoggan



BORN:

Ida Hubbard was born in the small, quiet farming town of Carey, Idaho in 1919 to Jesse LeRoy Hubbard and Sarah Estelle Beecher. They had six children, four sons and two daughters.

Descendants:

Six children, 15 grandchildren, 44 greatgrandchildren and at least one great-great-grandchild on the way.

HOBBIES:

Serving in the Daughters of Utah Pioneers chapter, and her church branch and stake activities. Knitting, crocheting and sewing. She has produced thousands of slippers, hats, dishcloths, scarves, tote bags, potato bags, potholders and casserole holders. "Be dependable. Stay happy. Don't get mad or quarrel. It doesn't get you anywhere. Talk out your problems. Stay active in the church. I know the church is true, the whole church, and this is the path I want to be on. There's never been a question in my mind about the truthfulness of the gospel and God's plan for us."

OUTSTANDING MEMORIES:

'he Hubbard family moved to Ogden in 1920. They had a cow, chickens and a nice big garden. They could play kick-the-can in the streets, in the river bottoms and in the big lot next to their house. Ida graduated from Ogden High School. During this time, she met William "Bill" Marler Hoggan, a friend of her brother Ronnie, who set them up on a blind date. They married in the Salt Lake Temple in 1941 and went on to have four children. Later that year, the attack on Pearl Harbor plunged the country into war. Two of Ida's brothers served in the military. Ida remembers rationing food and gas and other hardships of wartime. They later moved to California, where the climate was better for their health. Bill eventually did commercial art for North American Aviation and moonlighted doing silkscreening, carpentry and photography. Ida worked in — and later owned — a health food store, did housecleaning, and helped Bill with projects. Bill died in 1983 after a two-year battle with prostate cancer. Ida now lives close to her daughters in Grantsville, Utah. The family is close and sees each other as much as possible.

FAVORITE ACCOMPLISHMENTS:

Ida served in many church positions in primary, mutual, and scouting

programs. She served as one of the oldest relief society presidents ever at 89, and was interviewed for a church news article in 2009 called, "This Lady's Too Busy To Be Old." Ida has been to over 20 countries and much of the U.S. She particularly loves Hawaii and has been 10 times. She still has her driver's license and is known to take a friend on an errand around town or to the store. She is a great and careful driver.

IMPRESSIVE CHANGES:

Advances in technology and transportation have been a blessing. Ø



Edith, 1929

Marie Cooley Johnson



BORN:

1915 in Newton, Utah, the third child born to Marcus R. Cooley and Mary Hjelte Cooley. She outlived her three siblings.

Descendants:

Three children, 17 grandchildren and 23 great-grandchildren

HOBBIES:

- Genealogy and reading (particularly history and biography)
- Gardening
- Dabbling in all types of handcrafts

HOBBIES:

Her favorite trip was meeting her son after his mission in Finland and traveling together throughout Europe. "Stay close to your family and friends. Find something you love to do and lose yourself in doing it. "

OUTSTANDING MEMORIES:

arie's father developed rheumatoid arthritis as a young man and was largely confined to bed. Her brothers worked hard at a young age to help their father on the farm. Marie's parents were determined their children would have a good education. When she was about eight, they moved the family to Logan, partly to take advantage of the schools. Her mother supported the family by taking in boarders. Marie loved her new school, the paved sidewalks to roller skate on, the library and many new friends. When the large extended family got together, they often played card games. She remembers laughter, good-natured teasing, and maybe a little cheating! After high school, Marie enrolled at Utah State University and worked part-time in the Registrar's Office earning 15 cents an hour, which covered tuition and provided some spending money. She served as vice president of the student body and received the University Citizenship Award, graduating in 1938. Marie met her husband-to-be, Lloyd Johnson, when they were students at Utah State. They were married in 1938 in Washington D.C., where Lloyd was attending law school. She worked to help support them until Lloyd finished his studies. Her memories of Washington include attending Franklin Roosevelt's second inauguration on a freezing January day, joining the thousands who gathered to listen to Marian Anderson sing on the steps of the Lincoln Memorial, and the unpleasant but indelible memory of listening to Hitler's terrifying voice on the radio as he waged war across Europe. Lloyd's work took

them to California where they raised their three children. Marie worked in the LDS church Primary, Sunday school, and Relief Society organizations and enjoyed serving as ward organist. She completed her California Teaching Credential and found a job teaching home economics. After 31 years of marriage, Lloyd died unexpectedly. Marie continued teaching school until her retirement in 1981. She served as a temple worker in the LDS Oakland Temple for two years and was happy to be called to help set up two genealogical branch libraries. In 1994, Marie moved to Pleasant Grove. 翊



Marie, one year old

Mary Waki Kawakami



BORN:

1912, in Fort Lupton, Colo., the oldest of 11 children born to Kenshiro Waki and Shizuko Furukawa Waki

Descendants:

Four children, five grandchildren and six great-grandchildren

HOBBIES:

- Watching Dr. Oz, American Idol and Antique Road Show
- Shopping at Costco
- Eating good steaks
- Seeing her grandchildren and great grandchildren
- Going on cruises
- She loves to wiggle and sing, and performs a daily therapy combination of Tai Chi wellness and wiggling.

"You have your family and your friends. Treasure them and treat them well. Travel as much as you can. Learn about other cultures and see the world."

OUTSTANDING MEMORIES:

ary grew up facing persecution and racism because she is of Japanese descent and lost her mother at a young age, but she has always had good friends and a supportive family. Mary warmly recalls that when she was 14 years old, the principal, Mr. Malstrom, asked his wife to help Mary make some clothes for her. Mrs. Malstrom helped make her a lovely dress, which she wore to tatters. Mary's step-mother introduced her to her husband, Charlie Kawakami, a Japanese mechanic who worked in Spring Canyon mine, and they married a couple of months later. Charlie's step father built her a beauty shop out of stone in Spring Canyon. She did hair styling there and made friends until Pearl Harbor, when people of Japanese descent were told to leave. They moved to American Fork where they had four children, and she continued to develop her hair styling business. Charlie passed away when he was about 101. She misses him, but tries to stay busy.

FAVORITE ACCOMPLISHMENTS:

Mary owned and ran Mary Kawakami's College of Beauty for decades before retiring at 85, and got her driver's license at 74. She organized a speech contest for the youth of American Fork in 2004, now an annual competition with scholarship money for prizes. She was named one of the 10 best hairdressers in the world by the Los Angeles and Hollywood Hairdressers, but her family is her greatest accomplishment.

IMPRESSIVE CHANGES:

Political changes which have created financial chaos for America, invention of television, and moral changes. She feels people have lost simple comforts and see morals as relative.

SECRET TO LONGEVITY:

Every human being should move in order to sustain their body and mental health. When you are elderly, just wiggle and sing childhood songs and then laugh; the result: a total feeling of wellbeing. CS



Mary and her son, Paul

Margaret Welker Nielson Kazmierski



BORN:

1919 in Paris, Idaho to Roy Anson Welker and Elizabeth Hoge Welker. She was the seventh of nine children, surviving her two brothers and six sisters.

Descendants:

Four children, 19 grandchildren and 45 great-grandchildren

HOBBIES:

- Handwork
- Knitting
- Crocheting
- She has made many lovely gifts for friends and family.

••Stay busy and be happy in whatever you do.••

EDUCATION:

argaret started school in Paris, Idaho and attended until age 14 when she went to Germany, where her father served as an LDS mission president from 1934 to 1937. They then returned to Ephraim, Utah, where she finished high school and earned a teaching certificate at Utah State University in Logan.

OUTSTANDING MEMORIES:

Margaret remembers the years in Germany were an adventure for the family. They attended the 1936 Olympics and toured Europe before returning to the U.S. The experience instilled her desire to travel, and she returned to Europe later in life. She also enjoyed visiting the family of her second husband, Edward Kazmierski, in New England. She taught school in Southern Utah until she had children. She was living in California when all four children grew up and left home, so she returned to teaching at the local high school. She taught herself to play the piano and loves all music. She played for her church and also directed the women's choir. Late in life, she taught piano to many young students.

FAVORITE ACCOMPLISHMENTS:

Margaret's sister Ruth wrote of Margaret, "Her artistic, aesthetic nature is shown in her musical abilities and her love for plants, flowers and nature in general. She has blessed the lives of many people with her music and school teaching. She has served for many years as director of ward choirs and singing mothers' groups." She also volunteered

with the Red Cross and worked during state and federal elections.

IMPRESSIVE CHANGES:

The family got indoor plumbing about the time Margaret was born. That was a big deal in Paris, Idaho.

SECRET TO LONGEVITY:

All the Welker girls grew up eating vegetables. 🕫



Margaret as a young adult
Robert Farr Larson



BORN:

on a cold, snowy night in 1919 to N. Leon and Verna Farr. His father hitched the horse to a buggy to drive his mother five miles from the family farm to the small town of Gunnison, UT, where Robert was delivered by a midwife. He was the second child of five with two brothers and two sisters. He is the only surviving sibling.

HOBBIES:

- The morning crossword puzzle
- Checking the stock market, reading the morning paper, checking his emails
- Reading one book per week
- Enjoying visits and celebrations with family and friends.

*Decide what you want to do, then do it - and be honest.**

OUTSTANDING MEMORIES:

obert was raised on the family farm where he tended sheep, milked cows and cleaned chicken coops. In 1938, he drove to San Francisco with friends for the World's Fair. In Los Angeles, they paid 13 cents a gallon for gas and \$4 for one night in a hotel. The other nights they slept on the lawn with blankets. After World War II began, Robert became a propeller specialist. Shortly after, he was drafted into the Army Air Corps 334th Fighter Squadron and sent to the Aleutian Islands. He received an honorable discharge with the rank of corporal in 1946. He and his wife built their first home in Gunnison with help from his father, a carpenter. In 1952, he moved his wife and four girls to Richfield, Utah, and became the owner of the Sevier School and Office Supply. He won trips to Mexico City and Bermuda for selling Royal typewriters. After 30 years, he sold the business and retired to become a cattle rancher and later a "gentleman truck" farmer" with 10 acres of delicious sweet corn, melons, tomatoes, potatoes, and a pumpkin patch. Robert learned early that "retirement is a young man's dream and an old man's nightmare!" So, he kept right on working. He made many trips to favorite fishing places in Canada and visited all 50 states, Japan and Europe.

FAVORITE ACCOMPLISHMENTS:

Robert was active in civic and community affairs and served on the city council. He was instrumental in building a golf course and bringing a branch of Snow College to Richfield. He also served on the Utah

State SBA Panel and was president of the Rotary Club, the Richfield Chamber of Commerce, the Richfield Dancing Club, and the Knife and Fork Club. He served as finance chairman of the Sevier Valley Hospital Board to raise money to build the new hospital. He was very active in the Church of Jesus Christ of Latter-day Saints, serving in every priesthood quorum, including positions as elders' president, senior president of the 36th Quorum of the Seventy, high council, and first bishop, raising money to buy a new chapel in the seminary building. His greatest accomplishment was raising a wonderful family.



Robert

Alma Carlyle Lawrence



BORN:

November 13, 1921 to Wilford Henry and Eliza Ellen Hulet Lawrence.

Descendants:

Seven children, 39 grandchildren, 71 greatgrandchildren, and one great-great grandchild.

HOBBIES AND ACTIVITIES:

Acrylic painting, jigsaw puzzles, gardening, driving my golf cart around town, Sudoku puzzles, Jazz and BYU games, and spending time with family. Stay close to the Lord, love and
serve those around you, and make your
family your priority. **

OUTSTANDING MEMORIES:

y boyhood was spent during the Depression era. I had wonderful parents who worked hard to obtain the bare necessities and sacrificed much to provide for their children. As a youngster, I enjoyed building things with my brothers and friends. One summer, we cobbled up a hay rack using small tricycle wheels. Another year, we rigged up a go-kart with a friction block brake connected to a foot pedal. When I was 30, my sister encouraged me to write to one of her good friends, Mary Donna King, who was serving an LDS mission. We began a correspondence that eventually resulted in marriage in 1953 in the Logan Temple. In 1993, Mary was diagnosed with Parkinson's Disease; it slowly crippled her, physically and mentally. These were hard years for all of us. Mary quietly passed away in 2008.

FAVORITE ACCOMPLISHMENTS:

My service as a naval officer in WWII, designing and building the home that housed my family and where I still reside, and my service in the church. Without reservation, my favorite and greatest accomplishments are centered around my wonderful wife, Mary, my seven exceptional children, and my amazing and large posterity.

IMPRESSIVE CHANGES:

When I was a boy, our refrigeration was a closed box wrapped in wet burlap bags placed under a shade tree close to the house. We had a drip system that kept the bags wet. So different from things today which have simplified and enhanced life.

EDUCATION:

I began my schooling in the one-room Summit schoolhouse and attended high school in Cedar City. I received my military training at Iowa State University while completing my degree to be a civil engineer.

SECRET TO LONGEVITY:

Staying busy, eating healthy, having a purpose for getting out of bed every morning, and having close family connections has, perhaps, had something to do with my long life. 3

M. Pearl W. Madison



BORN:

1918 in Plano, Idaho. Mabel was the third child born to Heber J. Weatherston and Mabel Christina Hemsley Weatherston

DESCENDANTS:

One child and one grandchild

HOBBIES:

- Oil painting. She painted many pictures for a long time
- Golf
- Many church callings in ward and stake. She loved church work and ended up getting a job at her local church for data entry.

"There is enough bad in this world today so look for the good and you will find it."

OUTSTANDING MEMORIES:

earl was born on her parents' farm. She went to elementary school in a four-room building. She remembers when she was young how she used to walk over frozen mounds of snow and break thin ice over frozen water around long winter days. Going to Sunday school with her grandma every Sunday and listening to her sing was joyful to Pearl. She played the violin, and she practiced it often. She went to Madison High School and graduated in 1936. She then went to beauty school in Idaho Falls and received a diploma and license to practice. She also went to secretarial school and received a diploma. She met her future husband and married in 1939 in Salt Lake City. In 1940, they went to San Diego, Calif. The war broke out and all the women worked in defense factories, including Pearl. She worked there for two years. After she graduated from secretarial school, she and her husband moved to Los Angeles into a onebedroom apartment. Their only child was born, and Pearl stayed home until their daughter went to college. They moved to St. George, Utah in 1981. They first bought a motorhome and went traveling all over Southern Utah. Traveling was very fun. She and her husband had many good times. He passed away in 1989 and she has been a widow for 28 vears.

SECRET TO LONGEVITY:

I did not use tobacco nor did I ever do drugs or alcohol. 🕫

Rosella Anna Wendland Dilley Marshall



BORN:

1920 in Crandon Settlement, S.D., to Fredrich H. Wendland and Hannah H. Brugger. Both families were of German descent.

Descendants:

Five children, 15 grandchildren, 29 greatgrandchildren, and 11 great-great-grandchildren

SECRET TO LONGEVITY:

We were too poor to buy junk food so we just had the basics. I have always counted pennies, and used coupons to buy yarn. I do enjoy indulging in good chocolate.

"Be honest with yourself and others. Watch your money carefully and spend it on what will make you happy."

OUTSTANDING MEMORIES:

osella is the widow of two World War II veterans. Glendon served in the U.S. Navy in the Pacific and helped put out the < fire after the USS New Mexico was hit by a kamikaze plane. Rosella was left to raise two small children while he served, and volunteered with the Red Cross. Her second husband. Alvin Marshall. served in the U.S. Army in Northern Europe. She is proud her son Rodney served in the Army in Germany from 1966-68, and three great grandsons served in the military as well. She is a lifetime member of the American Legion Auxiliary and the Veterans of Foreign Wars. She married Glendon, her high school sweetheart, in 1939 and they began farming. Their income was dependent on the price of cream and eggs. She had a large garden and processed vegetables to store in the cellar - a sack of sugar was a rare luxury. Everything useful was recycled, and she sewed clothes from flour sacks and "patched the patches" on their jeans or wove them into denim rugs. After years of crops destroyed by hail and of being "dirt poor," they quit farming and moved to town, and in 1959, they bought their first home in Wolsey, S.D. Glendon passed away in 1973. Rosella worked 20 years in a public service office. In 1987 she met and married Alvin. She moved to Utah in 2011 to be closer to family, where she made new friends and enjoys seeing the younger generation.

FAVORITE ACCOMPLISHMENTS:

Rosella excelled in handiwork crafts, making every piece "without one mistake." She won the Homemaker Sweepstakes Award for excellence in crafts and baking at the South Dakota State Fair. She is a regular at the Utah State Fair, and wins many blue ribbons. Her specialty is counted cross-stitch and creating a picture that looks as real as a photograph. One of her favorites is of the home where the family lived for 45 years. She has been honored with hundreds of awards including silver platters, blue, red and white ribbons, plaques, money and several "Best of Show" purple ribbons. 🥨



Rosella as a baby, 1920

Dorothy McAffee



BORN:

1918, in Alberta, Canada. Dorothy was the twelfth and last child born to Jacob Hardman and Charlotte Hannah Dearden Hardman. Dorothy has outlived all her siblings.

Descendants:

Five children, 19 grandchildren, 52 greatgrandchildren and eight great-great-grandchildren

HOBBIES:

- Making paper flowers for Memorial Day
- Designing and sewing doll clothes
- Oil painting
- Music, dancing and quilting
- She was president of her church quilting group for eight years.

"If the pioneers can endure it, so can you. Don't worry, this too shall pass. You are never too old to dance."

OUTSTANDING MEMORIES:

orothy spent her early years following her father around the farm. When Dorothy was six, her dad passed away and the family moved to Magna, Utah. Dorothy loves Utah and has a deep appreciation and love for the mountains and all of God's creations – something she has instilled in all of her children and grandchildren. Dorothy and her husband, Bruce Sparks, have traveled to all borders and across the U.S. many times. She loves Big Cottonwood Canyon, where she used to go camping as a child with her siblings and their children. One favorite memory is dancing at Saltair. The Big Band leader, Tommy Dorsee, saw her in the audience and called for the "cute brown-eyed girl" to come on stage and lead the next song. Dorothy is a natural artist and homemaker and enjoys canning; she makes the best chili sauce! She taught everyone she knew how to pray and stay close to our Heavenly Father. Her children are her pride and joy. Her first job was at ZCMI in Salt Lake City, and she went on to work as a dental assistant, at JPL Jet Propulsion Laboratories at the time they were making trips into space, for Congressman Rob Packer, and as the president of the Red Cross in San Juan County. At one point, Dorothy moved to Washington and was able to work with the people who built the atom bomb. She owned Carolyn & Carron Press Shop and Colonial Beauty Salon in Sugar House. She loved working at the State Capitol. She once received a thank you card from the president of DuPont Companies and a recognition letter from a United States President.

IMPRESSIVE CHANGES:

Dorothy remembers moving household items and livestock from Alberta, Canada, to Salt Lake City on horse-drawn flat beds and trains. From party line telephones to cell phones, from wringer hand washers to electric washers and dryers, from horse-drawn carriage to electric cars and RVs – it's all wonderful and challenging!

SECRET TO LONGEVITY:

Stay in shape. Eat good, healthy foods and eat them slowly. Drink lots of water. Be happy, work hard, stay active and be social. 🕫



Stella Mark McComas



Born:

1917, in Detroit, Mich., to Antonio and Rozalia Mark, both immigrants from an area of Ukraine that was under the governmental control of Austria at the time of their births.

Descendants:

Three children, 15 grandchildren, 32 greatgrandchildren and 13 great-great-grandchildren

SECRET TO LONGEVITY:

Healthy food, exercise (she started doing yoga at 55), a clear conscience, debtfree living, and a positive attitude.

EDUCATION:

tella and her brother learned English as they played on the streets of Brooklyn and she learned math by making change in her father's grocery store in the Los Angeles area. She attended local elementary schools and was so intelligent that she skipped two grades, though her parents wouldn't let her go ahead of her brother. She graduated from Lincoln High School in Los Angeles at 16.

OUTSTANDING MEMORIES:

Her mother was ill for most of her growing years, and she spent a good deal of time alone reading or helping her father in his store. Her parents didn't speak much English, so the family was somewhat isolated after they left New York. She was the May gueen at her elementary school in third grade. It was about that time she learned to play the piano and found a great deal of joy learning as much as she could about all types of music. Some of her favorite times were when her father took her, on the street car, to see the Los Angeles Philharmonic Orchestra. She recalls the day of the "crash," when she looked out the window of their apartment in the morning and watched the people going to work on the street car, then how devastated they were when they returned that night having lost everything. It left a lasting impression, and may have been the cause of her frugality. She met Willis Frank McComas when she was 15 while playing the piano with a jazz band in Pasadena. They married when she was 18, and faced the challenges of being a young couple in a struggling society. They had three children in whom they instilled strong moral values and the importance of being thrifty. Willis passed away over 20 years ago, and she became a clown named Peek-A-Boo, making all her own costumes and developing expertise in making balloon animals. She volunteered her time at senior centers and fundraising activities like cancer walks and Alzheimer runs. At 91, she got a part in the film, then

continued to be cast in movies like "One Good Man" and "The Letter Writer," commercials, and production of the Church of Jesus Christ of Latter Day Saints.

FAVORITE ACCOMPLISHMENTS:

She was an accomplished pianist, her last "gig" being when she was 93 years old. She loved to travel with Willis, and they went on many trips throughout the U.S., Asia, Europe, South America, New Zealand, and the Holy Lands. They loved being together as they experienced different cultures. S



Stella performing at a children's event

GOVERNOR'S CENTURY CLUB OF UTAH 2022

Elizabeth Gallegos Montoya



BORN:

1917 in Del Norte, Colorado. She was the third child born to Diego Gallegos and Eleanor Romero Montoya.

Descendants:

Eight children, 34 grandchildren, numerous great-grandchildren and a few great-great grandchildren

HOBBIES:

- Having lunch with my family and friends
- Playing Bingo at the care center where I live now

"Keep active and eat healthy. "

OUTSTANDING MEMORIES:

hen I was 18, I worked doing domestic duties. I soon met Louis Montoya, my future husband. We were married in 1935 in Del Norte, Colo. at St. Mary's Catholic Church. We both worked for a dollar a day; we saved up 25 dollars with which we bought a Model T Ford. My husband died in 2000, I am currently living in my own home. I belong to the Red Hat Society. I loved to dance. I used to go to the Murray Heritage Center; I enjoy staying active.

FAVORITE ACCOMPLISHMENTS:

I was able to crochet some beautiful pieces. I used to make my own clothes, and I raised eight children.

IMPRESSIVE CHANGES:

We went from riding horses to driving a car. From washing clothes on a scrub board to automatic washing machines. From cooking on a wood-burning stove to an electric stove. From horse and buggy to driving fast cars. I was able to drive my car until I turned 100 years old.

SECRET TO LONGEVITY:

Eating healthy, exercising every day and doing yard work. ơ



Elizabeth as a teenager / Elizabeth and Louis, wedding day, 1935

Wanda Millie Shields Naylor



BORN:

Christmas day in 1921 to James Shields and Millie Hardcastle Shields.

Descendants:

Three children, 11 grandchildren, 27 greatgrandchildren, and 19 great-gerat-grandchildren.

HOBBIES:

Visits from family and friends and watching Jazz games.

"There are happy days and sad days. Make the best of every day you have"

OUTSTANDING MEMORIES:

As we watched behind a fence, us kids decided to climb through the fence to throw weeds in the fire. My little sister had just had her fourth birthday. She threw a tumbleweed in the fire, but then pulled the weed back toward her dress. She caught fire. The smoke and fire burnt her lungs, and her body was badly burnt. She lived 20 more hours and passed away in the hospital. It was one of the saddest days of my life. In 1938, a Jordan High School bus wreck killed 26 kids and the bus driver. I lost five of my very best friends. I was supposed to be on the bus. In May 1941, I married my best friend and neighbor, Roy Naylor. He was in the service for three years. We lived in California, Texas, and then moved back to Utah.

FAVORITE ACCOMPLISHMENTS:

My three children, working or volunteering at the Gale Center, and working in the temple.

IMPRESSIVE CHANGES:

Paved roads, stop signs, red lights, computers, and cell phones.

SECRET TO LONGEVITY:

Growing up as a farmer's daughter and marrying a farmer. Eating good food. Being around great friends and family. Always working hard and staying active. 🛯



Affra McNeill Nelson



Born:

1920 in Heiner, Utah, the first born to Henry Elmer and Mable Jane Pettit McNeill. She was named after her Aunt Affra, who was a nurse and delivered Affra at home. Her younger brother was born when Affra was 16 years old and Affra has outlived him.

Descendants:

Three children, 16 grandchildren, and 50 great-grandchildren

HOBBIES:

- Reading
- Singing in a trio in American Fork
- Fishing and golfing with her husband
- Attending fireside group every fast Sunday evening for 53 years

"Enjoy the journey!"

OUTSTANDING MEMORIES:

ffra served for 22 months as a missionary for the Church of Jesus Christ of Latter-day Saints in the East Central Mission. During that time, Pearl Harbor was bombed. She returned home, finished her degree at BYU, sang at the Junior Prom Assembly with her Sweet 16 housemates, and taught a year at Pleasant Grove High School. World War II was in full swing, and Affra was sent to Hickam Air Force Base in Honolulu, as a Military Records Secretary. She sang in a trio at the military bases on the island while she worked for 10 months. When the war ended, she jumped on a troopship for home and her future husband, Ray C. Nelson, left England where he had been serving for two and a half years in the Army Air Corps. They met back in American Fork and were married two weeks later in the Salt Lake Temple. She and Ray were happily married for 55 years.

FAVORITE ACCOMPLISHMENTS:

Teaching for 21 years at Pleasant Grove High School, where she was named Outstanding Teacher of the Year and advised the Future Business Leaders of American chapter, and serving as Ward Relief Society President, Stake Primary Counselor, teacher, and (with her husband) as stake missionaries and guides at the Provo Tabernacle.

IMPRESSIVE CHANGES:

Affra used a manual typewriter, an electric typewriter, and eventually computers and keyboards. When she was 97, she took a flight on a World War II B-17 plane with her grandsons to honor her deceased husband, who had worked with radar on the B-17s during World War II. She said airplanes have improved since World War II.

SECRET TO LONGEVITY:

Positive thinking, serving others, faith in Jesus Christ, healthy diet including oatmeal for breakfast and chocolate treats, water aerobics, and living with a daughter who takes good care of me!





Olive Violet Osterwise O[®]Mara



BORN:

1920, in Scottsdale, PA, one of five children of Robert Russell Osterwise and Violet Jane Watson

Descendants:

Three children

HOBBIES:

- Genealogy
- Studying scriptures
- Reading and studying Latin
- I was studying string theory and M-theory in my early 90s.

SECRET TO LONGEVITY:

Wanting to be alive and staying engaged in life to me, is the secret to longevity, and also consciously choosing healthy habits and attitudes and making these habits for a lifetime. "Treasure your life. You have a place in the universe and knowing you are a child of God is an anchor in life's storms. Awareness of your significance to God provides a sense of self that can help you face challenges. Also, the future has no ceiling. There is always more to look forward to. Every day is a gift and an opportunity. Even if it brings you things you don't desire, or you make mistakes, life is precious. Rejoice in each day. And recognize that the future goes on after this life, there is always more to look forward to, more adventure on the horizon, more knowledge to gain, more love to share, "

OUTSTANDING MEMORIES:

was the first to know that World War II had ended because I was working in the Navy message office when the news arrived. When I was in the Women Accepted for Volunteer Emergency Service (WAVES) during World War II, I got one of the highest scores ever on the test for electrician's mate. The Navy couldn't find me to report my score because they were sure no woman could score that high, so they were looking for an "Oliver" Osterwise. I'm glad the world is different for my daughter, granddaughters, and great-granddaughters. I taught school for 40 years and especially loved teaching how to read. I taught in inner-city schools because I wanted to inspire children to enjoy learning and to feel pride in their families regardless of their situations. My husband died after we had enjoyed only 21 years together. Life was not always easy, but I knew we belonged together. Faith and religion have been a part of my life since my earliest memories. I wanted my three children to have all the experiences we could crowd in: Chasing tornadoes, watching the re-enactment at the centennial of the battle of Gettysburg, trying to visit a Lincoln museum in Illinois in the middle of the night, and making a long detour to visit Hannibal and the Mark Twain museums. My grandchildren and greatgrandchildren are gifts from heaven; they are perfect and can do no wrong regardless of what their parents think. It is a joy to see their potential and view the future as I gaze at them.

IMPRESSIVE CHANGES:

I just tell my lights to turn off and on, it still seems like magic. The integration of cultures is also a big change from when I grew up, and I think it's great.

Louise Puenzieux Schmidt



BORN:

1917, in Lausanne, Switzerland, the fifth child of Charles Puenzieux and Louise Zingg Puenzieux.

Descendants:

Six children, 29 grandchildren, 41 greatgrandchildren and six great-great-grandchildren.

HOBBIES:

- Listening to music and conference CD's
- Attending church and Relief Society

SECRET TO LONGEVITY:

There is no secret. I don't know why I have lived this long, except it is the Lord's will.

"I think living the commandments of God brings more happiness and blessings than any other way of life. I would encourage all to obey them."

EDUCATION:

graduated from high school in Switzerland, and went back to school in the U.S. once my children were raised. I graduated from BYU at the age of 56; I obtained a degree in secondary education to teach English, French and German.

OUTSTANDING MEMORIES:

I grew up in Switzerland where I have fond memories as a child. I was a member of the Church of Jesus Christ of Latter-day Saints. I had a great desire to marry in an LDS Temple. I didn't have that opportunity in Switzerland, so I immigrated to the United States on one of the last passenger ships to cross the ocean during World War II. I went through Ellis Island. I worked as a nanny in Boston for the son of the Swiss consulate. I had met Ed Schmidt (my future husband) when he was a missionary in Switzerland. After I arrived in Boston he moved there. We dated for a year then fulfilled my dream by getting married in the Salt Lake Temple. My greatest joy was raising six children in Salt Lake City.

FAVORITE ACCOMPLISHMENTS:

I taught French, English and journalism at South and Cyprus High Schools. I served three full time foreign missions for my church with my husband to Reunion Island, Mauritius Island and French Guiana

IMPRESSIVE CHANGES:

I am happy to see all of the technology available to the younger generations. I



Ed and Louise,1946

Thelma Pickering Simmons



BORN:

1922 to Daisy Ann Elkins and William Etzel Pickering in Murray, Utah.

Descendants:

Five children, 13 grandchildren, 32 greatgrandchildren 28 greatgreat grandchild, and 10 great-great-great grandchildren.

HOBBIES:

I have enjoyed bowling, golfing, cooking, reading, and traveling. I love meeting new people all over the world. My first love is Bridge.

"Respect other people's views and cultures. It is important to listen to what others have to say."

EDUCATION:

attended Franklin Elementary, Washington Elementary, Plymouth Elementary, Jackson Jr. High, and West High School. In 1969, I received my GED. I took two semesters of medical training at BYU Extension. I attended French classes at Granger High School.

OUTSTANDING MEMORIES:

I spent my summer vacations in my early life at my Aunt Rose's raspberry farm in Murray. In 1931, my mother, Daisy, married Albert May. He had five children and we became a family with 10 children. Our lives became full of music and we spent our nights at home playing music. I was married to Kerby Simmons in 1941, six months before WWII started. We lived in Magna where I met many wonderful friends. We were very busy during the war working for the Veterans of Foreign Wars Women's Auxiliary, where I served as State President for one year. In 1959, Kerby and I divorced. In 1975, I married Leonard Benfell. I retired and we traveled the world for the next 38 years. Len passed away of ALS in 2016.

FAVORITE ACCOMPLISHMENTS:

Raising my five daughters and cousin: Frances Ann Simmons Whitmore, Lyla Kay Simmons Adams, Jo Lynn Simmons Christensen, Vickie Simmons Balis, Collette Simmons Faust, and my cousin Lois Elkins Harmon. I started playing bridge at age 19 and became a Bridge Silver Life Master. In the 1960's I started a bridge club for single parents. My husband, Len, and I started a duplicate bridge club in 1998 at Mt. Olympus Senior Center, which is still going strong. I started a federal program for seniors to assist with questions about Medicare.

SECRET TO LONGEVITY:

Keeping a positive attitude. Spending time with family and friends. Having a good support team with my daughters and their spouses and my neighbor, Eve Mary Verde. I love hearing from my grandchildren. 🛩



Thelma at age 16

Wanda May Hill Stone



BORN:

1918 in a pioneer rock house in Mendon, Utah, to James Leslie Hill and Echo May Sorensen. Her ancestors helped settle Cache Valley. Her paternal grandmother, Mary Ann Sorensen Hill, was the first baby born in Mendon in the log fort on Mendon square in 1860.

DESCENDANTS:

One daughter, two granddaughters and four great-grandchildren

HOBBIES:

- Scrapbook journals
- Music
- Reading
- Sewing
- Spending time with family

"It isn't what you do, but how you do it; it isn't what you have, but how you use it that makes this life worth going through it."

OUTSTANDING MEMORIES:

t a few months old, Wanda was taken to Naf, Idaho to live in a log house. Her family and relatives were homesteading in the desert valley of Raft River. Her family then moved to Garland, Utah. At 10, she went to Mendon to live with her maternal grandparents, where she helped them do all the things necessary to run a small farm and keep a household. During 19 years of marriage, she and her husband had welfare children and a Native American student in their home. Wanda helped her husband manage several restaurant businesses. After a divorce in 1958, she chose to remain single the rest of her life. She had many joyful experiences while raising her daughter, babysitting her granddaughters, sitting overnight with elderly ladies, reading to the blind, being involved in volunteer service, and actively engaged in church service. After retiring, she traveled extensively.

FAVORITE ACCOMPLISHMENTS:

Wanda taught herself to play the steel guitar, the piano and the small accordion. She sewed her own clothes for 78 years on a treadle sewing machine. At 11, she sewed some underwear from bleached

flour sacks. As a lifelong member of the LDS Church she held 38 positions including temple work, served a stake mission and was a visiting teacher for 48 years. From 1998 to present, she has been a primary teacher, including for the deaf and blind and special needs students. In 1940, she taught the eight-year-old boys in Sunday school and lived to see them become great-great grandparents.

IMPRESSIVE CHANGES:

The coal oil lamp on the kitchen table to the bright long lasting LED light bulbs, going from a six-party line telephone that sits on your desk to a small hand-held smart phone/mini-computer you can carry around in your pocket, and from rub-a-dub dub on a washboard to tossing clothes into an automatic washer. ^{CS}



Wanda May Hill Stone

Enedina Astorga E. Stubbs



BORN:

1917, in Silt, Colo., the fifth of ten children born to Gregorio Astorga and Euphemia Sena Astorga.

Descendants:

Two children, four grandchildren, nine greatgrandchildren and 13 great-great-grandchildren.

HOBBIES:

- Ceramics, crocheting, knitting
- Visiting Star Valley, Wy. in the summer and Hurricane, Utah in the winter
- Directing card games at senior centers
- Taking afternoon naps (primarily after each meal which didn't happen until I turned 90).

* "Be proud of who and what you are. Never give up. You are never given more than you can handle. Be patient and enjoy your life."

EDUCATION:

raduated North Denver High School where I took shorthand, booking and business courses. When I attended school, it was not a priority for a girl to receive an education. It has always been a priority in my life, no matter the circumstances, to work hard and receive the education I needed to move ahead.

OUTSTANDING MEMORIES:

At age 11, my siblings and I were orphaned. Four of the siblings remained in Idaho Falls working and/or marrying. Four of us were sent to live with relatives and the two youngest were sent to the orphanage in Boise, Idaho. We never lost hope of reuniting. I kept in touch with six of my siblings, going to school and working to help support myself. After graduating high school, I caught a bus to Salt Lake City, where I was reunited with my six siblings. In 1939, I married and had two children. In 1947, I divorced and raised my children as a single parent, working as a waitress. In 1961, after searching for the two siblings who were put into the orphanage, we were reunited. We met at Brighton Ski Resort along with approximately 250 members of our families. What a miracle, and such a joyous time! In 1962, I remarried. I lost my husband in 2011 at 95 years old. During our life together, he bought me a new home which I never thought I would have. It remains my castle, where I still live today.

FAVORITE ACCOMPLISHMENTS:

I am of Hispanic descent; I speak Spanish and have been able to take advantage of this throughout my life. I have enjoyed volunteering, receiving recognition from St. Therese Child of Jesus, Catholic Church's Women of the Year award, and for services rendered at Midvale Senior Center.

IMPRESSIVE CHANGES:

Advances in the medical field. In 1955, because of a double heart defect at birth, my eight year old son required open heart surgery. He came through the surgery as the first juvenile to survive open heart surgery with the use of the heart lung machine.



Enedina, two years old, 1919

Irva Sudweeks



BORN:

1919 in Widtsoe, to Robert B. and Maud Snyder Gleave, the seventh of 13 children.

Descendants:

Four children, 21 grandchildren, 67 greatgrandchildren and eight great-great-grandchildren.

HOBBIES:

 Irva still drives herself places, lives on her own and can recite poems she memorized decades ago.

IMPRESSIVE CHANGES:

"Refrigerators have been a blessing," Irva said. As a child, she remembers the days of not having an option to keep food cool.

"The only medication I take is Diet Coke. I should really be paid money from the Diet Coke Company for all the advertising I give them."

OUTSTANDING MEMORIES:

he remains of the old schoolhouse Irva attended until eighth grade are still standing. It's one of the few remainders of Widtsoe, now a ghost town. She attended Piute High School in Junction, and her family moved to Kingston when she was 17. When Irva was born, transportation was limited to horse and wagon in Widtsoe. "We didn't even have a buggy," she said. She spent her summers in Burro Flat. Once as a teenager, she and a friend decided to attend a dance. They rode a horse, carrying suitcases and coats. The idea was to hit the main road and get a ride with the mail truck. However, the horse had other ideas and ran to the granary. Eventually, they got the horse turned around and back on the highway; but, by that point, the mail truck had passed. It was the kind of adventure that teens don't have these days. "Things were different then," Irva said. After graduating from high school, Irva married Bob Brindley in 1938. Bob unexpectedly died in 1946. Irva sold the farm, and then did everything she could to make a living for her and her young family. She sorted potatoes for everyone in Antimony, Junction, Kingston, and Circleville, and landed a job wrapping meat. She decided she wanted to do something else, so she ran for Piute County Clerk as a Republican, a position she held for eight years. Her time in public office helped lead her to be the parent teacher association president, as well as the Piute County Republican party president. In 1947, she married Peter Sudweeks, and the couple resided in Kingston. Irva had four children: Charley Brindley, Cedar City; Bill (Joyce) Sudweeks, Kingston; (Linda) Brindley, Enoch; the late Jerald "Dude" Brindley; and Juana Englestead. After eight years as the county clerk, she applied for a job as the business director of the Piute School District. She retired from that position in 1986 at the age of 66. However, retirement didn't mean she guit working. Irva continued to irrigate, cut and haul hay. She still enjoys working in her yard.

FAVORITE ACCOMPLISHMENTS:

Irva can still recite the famous speech by Patrick Henry, "Give me liberty or give me death." Her keen ability to speak earned her many invitations to do so at public events in Piute County. She also is an active member of the Church of Jesus Christ of Latter-day Saints and has served in callings including primary, Sunday school, Relief Society, and Young Women president. "Everybody knows mom," said Bill Sudsweeks, Irva's son.

Rose Tonti



BORN:

San Pietro Avellana, Italy, on September 2, 1921.

Descendants:

Three daughters, four grandchildren and four great-grandchildren.

HOBBIES:

Making cookies, noodles, bread and gnocchi, attending daily Mass, watching Jazz games, and keeping an active social calendar.

SECRET TO LONGEVITY:

It's your attitude, you have to have a healthy outlook on life and see the positive in any situation ... you can only do this with God in your life.

"Keep-a-go and God Bless America?"

OUTSTANDING MEMORIES:

er father moved from Italy to Ogden, Utah in Rosie's infancy to support the family, so she grew up in a house with her mother and younger brother. By the time she was in her late teens, World War II had begun. She remembers German soldiers taking over her hometown. On one occasion, her mother had her hide under a bed and scattered children's toys throughout the room. "I was under the bed – shake, pray, cry – then they came in, opened the door and saw the things that were really for children, and they left and my mama saved me from being raped." Her town was eventually evacuated, and her family and neighbors were forced to live in other Italian provinces, where she said they were never welcome. They spent the night in a barn once and often ate spoiled and insect-ridden food because it was their only option. She was taught to sew as a child and the skill got her a job making parachutes. Her brother, Michael Colaizzi, who was 18 months younger than Rose, served in the military where he came down with pneumonia. When her mother arrived at the hospital, she was told he died two days earlier and his body was already cremated. He was 21 years old. Amid all the hardship and tragedy, there was Domenic Tonti, who was also from her town. When the war ended in 1945, they had to wait another five years before they were allowed to come to America. You had to have a number to come; therefore, they couldn't get married because it would have pushed their number back as a married couple delaying their chance to come to this country even longer. Rosie made it to Ellis Island when she was 28 years old, and rode a series of trains across the country to her father for the first time since infancy at the Ogden Union Station. Rosie and Domenic married on March 31, 1951, at St. Joseph Catholic Church in Ogden, Utah. She longed to get her citizenship, and finally in 1956, she accomplished that dream after taking the citizenship test

three times. She began working at Utah Tailoring Mills, where she put her handstitched finishing touches on custom-made garments for 48 years. Several of her custom designs were worn by the rich and famous movie stars and rodeo queens. One of her custom designs was a crafted fabric rose that accented the garments she worked on. This became her signature on her works of art, some of which are currently on display in her home-town museum in Italy. Her tenure there spanned 48 years until she got macular degeneration and retired at age 80 in 2001. Ca



Albert Marshall Vise



BORN:

Knoxville, Tennessee in 1919 to William M. and Jimmie L. M. Blake Vise. He was the only son in a family with five sisters

Descendants:

Four children, eight grandchildren and 12 great-grandchildren.

HOBBIES:

Al discovered his "inner artist" later in life and continues to draw daily with colored pencils. He also attends a daily exercise class, reads, completes word search puzzles, follows current activities, and tunes in to Jazz games.

"Keep a good sense of humor, stay positive and enjoy all of your good memories. "

OUTSTANDING MEMORIES:

rowing up in the Great Depression, all the siblings cooperated and pitched in. As they grew older, all had jobs to help support the family. The Vise family moved to Carlisle, Ken. when he was three years old, and Albert remained there until joining the Kentucky National Guard from 1938-1941. In 1941 he joined the Army. The war years initially took him to Northern Ireland for seven months of training before shipping out to French North Africa, Sicily and ultimately Normandy, France – Omaha Beach for the D-Day invasion as the fifth wave fighters. In Belfast, Al met his future wife, Etta Wilson, who joined him in the USA after the war. In 1945, Al moved to Utah, where his family had relocated, bringing his new bride to be part of a close-knit, loving family and creating their own life together. They were married 51 years until her death in 1997. They had a full and adventurous life with four children and eight grandchildren, while running a business together, Al's Hair Design, for over 50 years in Salt Lake City. Al has been a proud Utahn for 74 years. Al and Etta loved to travel in the U.S. and internationally. Al continued his love of travel after Etta's passing, touring China, Russia, Poland, Denmark, Sweden, Switzerland, Mexico, England, France, and Italy.

FAVORITE ACCOMPLISHMENTS:

Al's favorite accomplishments include being an Army veteran who served in World War II, landing on Omaha Beach in Normandy, France

as part of the D-Day invasion. He is proud of his 51 years of marriage to Etta Wilson Vise. Another favorite accomplishment is being a small business owner of Al's Hair Design for 50 years and retiring at the age of 80. He is proud of being an inspiration to his loving family and his extensive travels.

IMPRESSIVE CHANGES:

The most exciting change was traveling on jet airplanes. In each case, the developments were beyond his expectations and added great joy to his life.

SECRET TO LONGEVITY:

Keep on moving and stay active.



Albert and Etta on their wedding day, 1941

Leora Morton Gertsch Collins Ward

"Find out where they can get Barley Life from the AIM Company, Nampa, Idaho. Be active in the Church of Jesus Christ of Latter Day Saints. "

BORN:

Mapleton, Utah, in 1919 to Joseph Morton and Belva Hatfield. She had one older brother, Ermel Morton.

Descendants:

Six children, three step children and too-manyto-count grandchildren, and numerous greatgrandchildren.

HOBBIES:

- Reading and writing in her journal and writing poetry.
- She always liked to encourage friendship.
- She's always believed in education.
- She likes to read about Scotland, because her ancestors came from Scotland.
- She likes to play games like Bingo and checkers to keep her mind active.

OUTSTANDING MEMORIES:

hen she was five, her brother went on a mission to Tonga, where he translated the Book of Mormon into the Tongan language. Leora outlived three husbands, Joseph Daniel Gertsch, Richard Collins and Robert Ward. She taught second grade in Libby Edwards and Stansbury Elementary schools, and home economics at Granite High School and Carbon College. She worked at Primary Children's Hospital in Salt Lake City. She has been active in the Church of Jesus Christ of Latter-day Saints, and went on a mission with her husband, Richard Collins, at the Liberty Jail Visitors Center (LDS). She traveled with Richard and their family to Morocco when he was in the Air Force, where her youngest was born (Carl Collins). Leora has lived in Escondido and then moved to St. George, Utah, where she is now living with her daughter, Jolene Jester and her husband, Gary Jester. She's been a member of the Utah Daughters of Pioneers.

FAVORITE ACCOMPLISHMENTS:

Living to 100 years old and celebrating her 100th birthday, teaching primary children in church, volunteering as a foster grandparent at Washington Elementary School and Dixie Regional Medical Center with her husband, Robert Ward, working in genealogy recording family histories, and teaching health and nutrition.

IMPRESSIVE CHANGES:

Leora grew up in the horse and buggy days. Her family raised strawberries. They made jam and took orders for deliveries from people. Her mother would deliver crates of strawberries by horse and buggy, as they didn't have a car.

SECRET TO LONGEVITY:

Barley Life, a green powder from the AIM Company. She takes Barley Green twice a day and Herbal Fisher Blend once a day. 🛩

Doris Leprieve Rucker Wasden



BORN:

1918, in Beaver Dam, Utah, to William Richard Rucker and Addie Christine Wilkerson Rucker. She was the first born child and had five brothers and three sisters.

DESCENDANTS:

Two children, ten grandchildren, 21 greatgrandchildren and 19 great great-grandchildren.

HOBBIES:

- Getting on her computer and doing family research
- Attending church when possible.

"Treat others as you would like them to treat you."

EDUCATION:

oris started elementary school in Logan and attended Collinston Elementary School. In the fifth grade, she had her first male teacher and got to ride a bus to school, no longer needing to walk or ride the horse. She then moved to Tremonton and attended McKinley Elementary School and continued her education at Bear River High School while attending several leadership courses and genealogical courses at BYU.

OUTSTANDING MEMORIES:

Doris grew up on a 40 acre farm, where they raised alfalfa, wheat and beets and there were cows, horses and chickens. Being the oldest of nine, she helped with the new babies as they were born. There was no indoor bathroom, but an outhouse where they kept a Montgomery Ward catalog for paper. She studied by kerosene lamp, and in high school they got electric lights and a telephone. When she was six years old, she was able to take a correspondence course to play the piano and continued to play throughout her school years. She held many positions throughout her life in the LDS Church, doing genealogy and family history for many years. To this day, she works on her computer continuing family research. She enjoyed sewing for many years, making clothing and making many quilts. Her travels have included Nevada, California, Georgia, Virginia, Illinois, New York, Alaska, Mexico, England and Israel. Doris was married to Kenneth Peterson in 1936 (deceased), Morris Franklin Wade in 1955 (deceased), and Reed Lewis Wasden in 1981 (deceased).

FAVORITE ACCOMPLISHMENTS:

She became the organist for her LDS Ward in 1955 and served for 63 years, through March 2012, at the age of 94. Her LDS missions, as follows, are also among her favorite accomplishments: England – 1964-1966; Atlanta Temple – 1984-1985; Jordan River Temple – 1985-1994; and LDS Stake Mission – 1985-1986.

IMPRESSIVE CHANGES:

Automobiles, electricity, running water, and indoor bathrooms. Doris states, "I feel that I have embraced change well and have always wanted to study and learn as much as I had the opportunity."

SECRET TO LONGEVITY:

Good genes and a healthy lifestyle. 🛩



ot all of Utah's Centenarians submit biographies for the yearbook. The club is open to anyone over the age of 100. You can apply for you or your loved one to be recognized at daas.utah.gov/centenarians or by calling 801-538-3910.

Mary Alexander Born 1919 Lehi

Lee Anderson Born 1921 Lehi

Richard Anderson Born 1921 Salt Lake City

Victoria Bartlett Born 1914 Palm Desert

Elizabeth Beck Born in 1913 Salt Lake City

Alice Bennett Born in 1911 Salt Lake City **Elwyn Bergstrom** Born 1922 Salt Lake City

Katy Blackham Born in 1918 St. George

Tony Borrero Born 1920 Salt Lake City

James Broadwater Jr. Born 1922 Sandy

Della Bulkley Born 1916 Salt Lake City

Bea Burnett Born1916 Park City **Milton Christensen** Born 1915 West Haven

Bessie Clayton Born 1913 Salt Lake City

Kay Croen Born in 1917 Lives Salt Lake City

Nevaline "Nevie" Crompton Born in 1920 Ephraim

David Curtis Born in 1918 Salt Lake City

Ada Dewey Born in 1917 Ogden

Vera Dugdale Born 1913 St. George

Hazel Edler Born 1914 Salt Lake City

June Edwards Born in 1920 Salt Lake City

Jack N. Eichers Born in 1921 Millcreek

Eugene "Gene" England Born 1919 Sandy

Geraldine Felsted Born 1920 Salt Lake City

Madge Fillingim Born in 1920 Vernal

Allen Frandsen Born in 1919 Centerfield **Evelyn Frandsen** Born 1920 Clearfield

Alice Funk Born in 1917 Nibley

Dorothy Fussek Born 1921 Salt Lake City

Wallace Gatrell Born 1921 Holladay

Ouida Glenn Born 1918 Salt Lake City

Davina Gray Born in 1917 Clinton

Lucille B. Green Born 20 1922 Clearfield

Lee Grover Born 1921 Sandy **Zola Harman** Born 1919 Taylorsville

Weldon Heaton Born 1921 Laverkin

Mildred Hersman Born 1919 Salt Lake City

Ruth Hlavaty Born 1920 Murray

Gerda Hubrich Born 1918 Taylorsville

Marian Hughes Born 1920 Logan

Marie Humphrey Born 1918 Sandy

Edith L. Jackson Born 1922 Salt Lake City

Eursle Jackson Born 1919 Lehi

Lydia James Born 1915 West Jordan

Lillian Jones Born 1910 Salt Lake City

Sophie Jones Born 1916 Montrose

Ebrahim Khodaverdian Born 1917 Sandy

Miyeko "Meg" Kiriyama Born 1918 Salt Lake City

Wilhelm Kuhn Born 1919 Orem

Jeanne Labrum Born 1922 Roosevelt **Edna Lanier** Born 1919 Ogden

Eva Larsen Born in 1913 Salt Lake City

Madeline Latimer Born 1922 Salt Lake City

Elva Lindberg Born 1917 Taylorsville

Melvin Lotz Born 1922 Kaysville

Jessie "Marie" McDonald Born 1920 Salt Lake City

Joe McQueen Born 1919 Ogden

Betty Mendoza Born 1912 Lives in Hurricane **Louise Michael** Born 1922 Salt Lake City

John Millar Born 1920 St. George

Howard Mills Born 1918 Lives Bountiful

Lois Mills Born 1920 Taylorsville

Francis Mitchell Born 1916 Monroe

Beverly Moore Born 1920 Salt Lake City

Winifred Murphy Born 1922 Eagle Mountain

Carl Nelson Born 1919 Taylorsville

Leola Nielsen Born 1917 West Jordan

Paul Nkoy Born 1915 Salt Lake City

Ada Nordell Born 1913 Washington

Donna Norton Born 1921 Holladay

Shirley Oberg Born 1915 Spanish Fork

Phyllis Ockerman Born 1922 Salt Lake City

Hilda Olsen Born in 1919 Roy

Esther Orr Born 1921 Park City **Lucille Panos** Born 1920 Salt Lake City

Alice Pay Bateman King Born 1917 Springville

Mary Pinnell Born 1916 West Haven

Cleo Powel Born 1915 Murray

Lynn Reed Born 1920 West Valley City

Eva Risk Born 1920 Taylorsville

Lucille Robbins Born 1912 Brigham City

Molly Segura Born 1921 Salt Lake City **Irene Smith** Born 1918 Salt Lake City

Paul Smith Born 1912 Salt Lake City

Ann Sneddon Born 1921 Ogden

Wilson Stevens Born 1915 Salt Lake City

Doris Stock Atwood Born 1916 Ogden

Lila Straley Born 1912 Salt Lake City

Leon Tapia Born 1915 West Valley City

Zelda Terry Born 1920 Riverton

60

Lucile Tibolla

Born 1918 Salt Lake City

Maria Trujillo

Born 1918 Plain City

Mary Wahl

Born 1914 Draper

Winona Elaine Olson Welch

Born 1922 Murray

Ted Wells

Born 1910 Orem

Woodrow Wilson

Born 1918 Clinton

Theron Yates

Born 1916 Salt Lake City





Utah Senior MedicarePatrol (SMP) Utah Division of Aging and Adult Services 288 North 1460 West, SLC 84116 Toll Free 1-800-541-7735 daas.utah.gov

Prevent Medicare Fraud

The Senior Medicare Patrol (SMP) program empowers and assists Medicare beneficiaries to prevent health care fraud, errors, and abuse. We serve beneficiaries of all ages, their family members, and caregivers. Whether you have questions about how to prevent fraud or you need assistance determining if it has occurred, SMP can help you to protect yourself and your loved ones.



Medicare loses an estimated \$60 billion each year due to fraud, errors, and abuse. Every day, these issues affect people across the country and can lead to identify theft and cost you money.

You can learn to **prevent, detect,** and **report** Medicare fraud, errors, and abuse by contacting SMP. SMP is a national program with offices in every state, Washington, D.C., Puerto Rico, Guam, and the U.S. Virgin Islands. When you contact your local SMP, trained team members will answer your questions and share useful tips to help you prevent problems before they happen. You can also contact SMP if you think fraud, errors, or abuse have already occurred. We will provide confidential support to address your concerns. We can also help report and refer issues to the appropriate state and federal agencies for further assistance.

Look out for:

- Billing for services or medical supplies that were not provided.
- Misrepresenting a diagnosis, your identity, or other facts to bill Medicare.
- Prescribing or providing excessive or unnecessary tests and services.
- Billing out of pocket for services covered by Medicare.



Tips to prevent, detect, and report

- Only share your Medicare or Social Security number with those you trust.
- Only carry your Medicare card when you need it.
- Keep a record of all your medical visits and procedures.
- Review your Medicare statements for mistakes like charges you don't recognize or duplicate billing.
- Call your health care provider, Medicare, or your local SMP if you see something suspicious.



SMP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at ACL.gov.

Prevent. Detect. Report.

MEDICARE IMPROVEMENT FOR PATIENTS & PROVIDERS ACT (MIPPA) OUTREACH AND ENROLLMENT



SPECIAL ALERT! Income & Resource limits change annually

You may quality for **"EXTRA HELP"**

There are many services available to assist people with disabilities, older Utahns, their families and caregivers.

Apply now and you may quality for "EXTRA HELP" with Medicare Prescription Drugs and/or otherMedicare Savings Program.

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Benefits Counseling

Extra Help/LIS

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Medicare Savings Program

Eligibility Screening

MSP Recertification

Medicare Part D

Medicare Preventive Awareness

Benefit Explanation

MIPPA is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at ACL.gov.



Utah Senior Health Insurance Information Program (SHIP) Utah Division of Aging and Adult Services 288 North 1460 West, SLC 84116 Toll Free 1-800-541-7735 daas.utah.dov

Local Help Navigating Medicare

SHIP is your local State Health Insurance Assistance Program. SHIP provides unbiased help to Medicare beneficiaries, their families, and caregivers. Whether you are new to Medicare, reviewing Medicare plan options, or have questions on how to use your Medicare, SHIP can help.



When you contact your local SHIP, a certified counselor will give you one-on-one guidance based on your unique situation and needs.

SHIP is here to help with:

- understanding your choices
- how to enroll
- plan comparison
- coverage and costs
- paying for Medicare and prescriptions
- troubleshooting billing issues
- submitting appeals
- Open Enrollment (October 15 December 7)
- referral to other resources

SHIP isn't just for people new to Medicare. Needs and options may change over time, so it's important to review your Medicare plan every year during Open Enrollment. SHIP can help you understand and compare options, so you can make choices that are best for you and your loved ones. We can also assist you with navigating access to providers, correcting billing issues, and filing complaints and appeals. With your permission, SHIP will work with Medicare directly to help solve problems on your behalf.

SHIP counselors are members of your local community who have been screened, trained, and certified as Medicare experts. Many are volunteers and they may even be one of your peers. They pride themselves on providing unbiased, confidential counseling. Their only priority is helping you make informed decisions about your care and benefits.

You can count on SHIP to be:

- > Local
- Unbiased
- Confidential
- > Knowledgeable
- In-person or virtual

SHIP is a national program with offices across the country. Depending on your area, you may know your local SHIP by another name, but the support it provides is the same.

Navigating Medicare can be complicated. SHIP can help.





SHIP is a national program of the Administration for Community Living, an operating division of the U.S. Department of Health and Human Services. Learn more at ACL.gov. SHIP is supported through state and federal partnerships that are not reimbursed by private health insurance plans or entities. SHIP is not paid per enrollment.

