



courtesy of **Adult Protective Services**



What is self-neglect?

Self-neglect involves older adults or adults with disabilities who cannot meet their own essential physical, psychological or social needs, which threatens their health, safety and well-being. This includes failure to provide adequate food, clothing, shelter, and health care for one's own needs.

What are the signs of self-neglect?

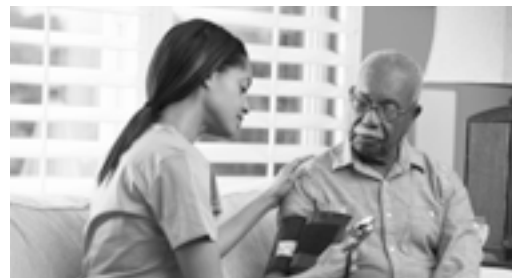
- ✓ Isn't going to the doctor
- ✓ Isn't taking medication as needed
- ✓ Doesn't have food, inadequate nutrition
- ✓ Lives in unsafe housing conditions such as lack of heat, electricity or running water
- ✓ Has poor personal hygiene that is effecting their health
- ✓ Lacks/won't allow needed care

What are some risk factors for self-neglect?

- ✓ Recent loss of spouse or loved one
- ✓ Worsening medical problems or a physical disability
- ✓ Lack of outside contact, isolated from friends and family
- ✓ Lack of a caregiver
- ✓ Cognitive impairment, dementia
- ✓ Unaware of community resources that exist

What if I'm not sure?

Do you just have a "feeling" about a situation but can't verify the details? APS workers are trained to handle just this type of situation. Based on your report, the agency will assess the situation and determine how best to respond. Your local APS agency can determine the best course of action.



CONTACT APS

Reach out to Adult Protective Services if you notice signs of self-neglect:



Utah Department of
Health & Human Services
Aging & Adult Services

- ✓ Call 1-800-371-7897
- ✓ Report online 24/7 at daas.utah.gov